My Lazy Day AB



拍数: 32 编数: 2 级数: Absolute Beginner

编舞者: Glen Dance (CAN) - January 2024

音乐: It's My Lazy Day - Merle Haggard & Willie Nelson



Intro: Start on the word Fishing

No tags/restarts

Lock Step Fwd R, Lock Step Fwd L

1-2	Diagonal step R, lock L behind R
3-4	Diagonal step R, scuff L fwd
5-6	Diagonal step L, lock R behind L
7-8	Diagonal Step L, scuff R fwd

Back Step Touches x 4

1-2	Step back diagonally R, touch L beside R and clap
3-4	Step back diagonally L, touch R beside L and clap
5-6	Step back diagonally R, touch L beside R and clap
7-8	Step back diagonally L, touch R beside L and clap

Vine R, Vine L With 1/4 Turn L

1-2	Step R to R side, cross L behind R
3-4	Step R to R side, scuff L fwd
5-6	Step L to L side, cross R behind L
7-8	Step L 1/4 turn L, scuff R fwd

Step, Scuff, Step, Scuff, 1/4 Pivot L, Step, Clap

1-2	Step fwd on R, scuff L
3-4	Step fwd on L, scuff R

5-6 Step fwd on R, pivot ¼ turn L weight on L

7-8 Step R beside L, clap

Begin again and have fun!!