

Southern and Slow

拍数: 32 墙数: 4 级数: Beginner
编舞者: Ann Domingue (USA) - January 2024
音乐: Southern and Slow - Luke Bryan



Begin on lyrics. No tags. No restarts

Side-Rock Sway moving forward

1&2 step RT forward and sway hips
3&4 Step LT forward and sway hips
5&6 Step RT forward and sway hips
7&8 Step LT forward and sway hips

Step-Lock-Step-Kick moving back

1&2& Step back on RT, lock Lt over RT, step RT back, kick LT
3&4& Step back on LT, lock RT over LT, step back on LT, kick RT
5&6& Repeat RT
7&8& Repeat LT

Syncopated Vine, Side-Rock Cross

1&2&3&4 Vine right, rock RT to side/recover on LT, cross RT over LT
5&6&7&8 Vine left, rock LT to side/recover on RT, cross LT over RT

Step/Lock forward 2X; Rock/Recover 2X making ¼ turn to right

1&2 Step lock forward
3&4 Step lock forward
5&6&7&8& Rock RT forward, recover on Lt, step on RT, step on LT; repeat turning right ¼