

Country Clap

拍数: 32 墙数: 2 级数: Improver
编舞者: Kristin Clove (USA) - January 2024
音乐: Clap Yo Hands - SMO, Nitty Gritty Gr & Pa Pa Fresh



No tags or restarts

Clap section

Starts 3rd 8 count

1,2,3,4 stop RF, stomp LF, clap, Hold
5,6,7,8 stomp RF, stomp LF, clap, slap knee

Repeats 3xs

*1st 8 count

1&2,3&4 Right wizard step (hands swipe hip forward then back), Left wizard step (Right hand lasso up)
5, stomp RF down
&6&7 Right hand slaps right thigh back, Left hand slaps Left thigh back, Right hand slaps right thigh forward, Left hand slaps left thigh forward
&8 clap 2xs

*2nd 8 Count

1,2 forward Right heel dig, Left heel dig
3&4 stomp down RF, bring right knee up slap with right hand, replace RF back down
5&6 kick RF back hit with right hand, straighten right leg, hitch RF over left leg
7&8 5&6 kick LF back hit with left hand, straighten left leg, hitch LF over Right leg

*3rd 8 Count

1,2,3,4 Jump both feet out land with knees bent, full turn over right shoulder bounce on LF 2xs (to help get around), land both feet out bending knees
5,6 step back RF, hitch lick up LF
7,8 step back LF 1/4 turn, bring Rf together LF

*4th 8 Count

1,2&3&4 Step RF side r, cross LF behind RF placing all weight onto LF, step side onto RF placing all weight onto RF, repeat 2xs more
5,6,7,8 Step RF side R flexing LF side left, Step forward onto LF tap R toe into LF, step back onto RF flex LF, step forward onto LF cross kick RF behind slap RF with Left hand.