

# Sixteen Tons

拍数: 48                      墙数: 4                      级数: Phrased High Beginner  
编舞者: Colin Ghys (BEL) & José Miguel Belloque Vane (NL) - January 2024  
音乐: Sixteen Tons - Tennessee Ernie Ford



**Intro: 8 Counts, Start at approx 7 secs**  
**Sequence: A, A, B, A, A, B, A, A, B+, A, A, Ending**

## Part A

### SEC 1 Cross, Point, Cross, Point, Jazzbox Cross

1-2                      Cross right over left, point left to left  
3-4                      Cross left over right, point right to right  
5-6                      Cross right over left, step left back  
7-8                      Step right to right, cross left over right

### SEC 2 Side, Touch Heel Diagonally Forward, Hold, Together, Cross, Hold, ½ Bounce Heels

&1-2                      Step right to right, touch left heel forward to left diagonal, hold  
&3-4                      Step left beside right, cross right over left, hold  
5-6-7-8                      Turn ½ left bounce both heels 4 times

### SEC 3 Step, Brush, Step, Brush, Step, ½ Pivot, Step, ¼ Pivot

1-2                      Step right forward, brush left forward  
3-4                      Step left forward, brush right forward  
5-6                      Step right forward, pivot ½ left transferring weight on to left (12:00)  
7-8                      Step right forward, pivot ¼ left transferring weight on to left (9:00)

### SEC 4 Out Out, Hold, Hip Bumps, Hold, Hip Bumps x4

&1-2                      Step right to right, step left to left, hold  
3-4                      Bump hips left, hold  
5-6                      Bump hips right, bump hips left  
7-8                      Bump hips right, bump hips left

## Part B

### SEC 1 Cross, Back, Back, Cross, Back, Side, Drag, Flick

1-2                      Cross right over left, step left back  
3-4                      Step right back, cross left over right  
5-6                      Step right back, step left to left  
7-8                      Drag right towards left, flick right behind left

### SEC 2 Side, Flick, Side, Touch, Side, Touch, Side, Touch

1-2                      Step right to right, flick left behind right  
3-4                      Step left to left, touch right beside left  
5-6                      Step right to right, touch left beside right  
7-8                      Step left to left, touch right beside left

**Note On Part B+ Hold 2 counts before restarting with Part A**

**Ending Hold for Approx 10 secs, until the music restarts, then dance the first 8 counts of Part B**

Last Update - 27 Jan 2024 - R1