

# Promises

拍数: 48      墙数: 4      级数: Improver  
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音乐: Promises - The Cranberries



## Start on lyrics

### Part A 32count

#### S1. Side, Behind, Side, Brush, Side, Behind, Side, Touch

1-2            Step RF to right, step LF behind right  
3-4            Step RF to right, brush LF  
5-6            Step LF to left, step RF behind left  
7-8            Step LF to left, touch RF beside Left

#### S2. Fish Tail

1-2            Step RF to diagonal right, step LF beside R  
3-4            Step LF to diagonal left, Step RF beside L  
5-6            Step RF to back diagonal right, Step LF beside R  
7-8            Step LF to back diagonal left, step RF beside L

#### S3 : ¼ Monterey Turn, Side, Flick Side

1-2            Step RF touch to side right, ¼ turn Right step LF close beside Left  
3-4            Step LF touch to Left side; step Left close beside Right  
5-6            Step RF to right, flick LF behind right  
7-8            Step LF to left, step RF beside left

#### S4 : Jump Out – In, Walk, Kick

1&2            Jump RF to R side diagonal, Jump LF to L side  
3&4            Jump RF to centre, jump LF close beside R  
5-6            Walk Foward RL  
7-8&          Kick RF on Foward, replace right on back, step LF beside R

### Part B 16count

#### Sec 1 : Rhumba Box (shuffle)

1-2            Step RF to Right side, Step LF next to Right.  
3&4            Step shuffle forward on Right  
5-6            Step LF to left, Step RF next to Left.  
7&8            Step shuffle backward on Left

#### Sec 2 : Side, ¼ Turn Side (2x)

1-2            Step RF to side right, step LF beside R  
3-4            Step LF to side left, step RF beside L ¼ turn left  
5-6            Step RF to side right, step LF beside R  
7-8            Step LF to side left, step RF beside L

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Dancing with your soul!