That Old Fashioned Love



拍数: 32 编数: 2 级数: Absolute Beginner

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音乐: Whatever Happened to Old Fashioned Love - B.J. Thomas



Start at approx.. 9 seconds

SECTION 1 CHASSE RIGHT ROCK BACK, CHASSE LEFT ROCK BACK

1 & 2, 3, 4 Step R to R side, Close L beside R, Step R to R side, Rock L behind R, Recover onto R Step L to L side, Close R beside L, Step L to L Side, Cross Rock R behind L, Recover onto L

SECTION 2: KICK BALL CHANGE ON THE SPOT x 2

1 & 23 & 4Kick right foot forward, Step right together, Step left in place3 & 4Kick right foot forward, Step right together, Step left in place

TOE STRUTS FORWARD X 2

5, 6 Step R Toe to front, flatten R Foot7, 8 Step L Toe to front, flatten L foot

SECTION 3: RIGHT SIDE ROCK, CROSS SHUFFLE, LEFT SIDE ROCK, CROSS SHUFFLE

1, 2 Rock right to right side. Recover onto left.

3 & 4 Cross right over left. Step left to left side. Cross right over left.

5, 6 Rock left to left side. Recover onto right.

7 & 8 Cross left over right. Step right to right side. Cross left over right

SECTION 4: JAZZ BOX WITH A 1/4 TURN x 2

1, 2 Cross R over L, step back on L

5, 6 Cross R over L, step back on L