

# Barefoot & Bareback

COPPER KNOB  
STEPSHEETS

拍数: 32                      墙数: 2                      级数: Improver  
编舞者: Silje Meldal (NOR) - January 2024  
音乐: Wildflowers and Wild Horses - Lainey Wilson



## (1-8) WALK, WALK, SHUFFLE, ROCK STEP, SAILOR ¼ TURN

1-2                      Walk forward right(1), left(2)  
3&4                      Shuffle forward right(3), left(&), right(4)  
5,6                      Rock forward on left(5), recover on right(6)  
7&8                      Sweep and cross L behind right(7), turn ¼ left and rock R to right side(&), recover to LF(8)  
(09:00)

## (9-16) ROCK STEP, CROSS SHUFFLE, ROCK STEP, CROSS SHUFFLE

1-2                      Step R to right(1), recover to L(2)  
3&4                      Cross R over L(3), step L to left(&), cross R over L(4)  
5,6                      Step L to left(5),\*recover to R(6)  
7&8                      Cross L over R(7), step R to right(&), cross L over R(8)

## (17-24) TOE & HEEL SWITCHES, TOE POINT, ½ TURN, ROCK STEP

1&2&                      Touch R toe to right(1), step R in place(&), touch L toe to left(2), step L in place(&)  
3&4&                      Touch R heel forward(3), step R in place(&), touch L heel forward(4), step L in place(&)  
5,6                      Touch R toe back(5), turn ½ right weight on R(6) (03:00)  
7,8                      Step L to left(7), recover to R(8)

## (25-32) CROSS SHUFFLE, ¼ TURN, ½ TURN, STEP, TOUCH AND SNAP, COASTER STEP

1&2                      Cross L over R(1), step R to right(&), cross L over R(2)  
3,4                      Turn ¼ turn left stepping back on R(3) (12:00), turn ½ turn left stepping forward on L(4)  
(06:00)  
5,6                      Step forward on R(5), touch L beside R while snap your fingers by your shoulders(6)  
7&8                      Step L back(7), step R beside(&), step L forward(8)

**STEP CHANGE WITH RESTART: \*AFTER 13 COUNTS ON WALL 5 MAKE A ¼ TURN RIGHT STEPPING R FORWARD(12:00), SHUFFLE FORWARD L, R, L.  
RESTART DANCE**

**ENDING AFTER TOE & HEEL SWITCHES PART(17-24) TOUCH RIGHT TOE BACK, TURN ¾ RIGHT(5-6)  
FACING 12.00**

Have fun!

Last Update: 26 Jan 2024