

Solo's Samba

拍数: 64 墙数: 4 级数: Phrased Easy Intermediate
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音乐: Solo - Blanka



*4 Tags and 2 Restarts

SEQUENCE: A, A(16C), Tag(4C), B, tag(2C), A, A(16C), Tag(4C), B, A, Tag(4C), B

A part - 32c

S1. FORWARD WALK L, FWD/BWD MAMBO, CROSS UNWIND $\frac{3}{4}$ L

1,2 RF step forward(1), LF step forward(2),
3a4 RF rock forward(3), LF Recover(a), RF step beside LF(4)
5a6 LF rock backward(5), RF Recover(a), LF step beside RF(6)
7,8 RF cross over LF(7), LF unwind $\frac{3}{4}$ turn L(8)3.00

S2. BOTAFOGO R/L, $\frac{1}{4}$ R JAZZ BOX, TOGETHER

1a2 RF cross over LF(1), LF rock side(a), RF Recover(2)
3a4 LF cross over LF(3), RF rock side(a), LF Recover(4)
5-8 RF cross over LF(5), LF $\frac{1}{4}$ turn R stepping backward(6)6.00, RF step side(7), LF step
beside RF

S3. R/L SIDE MAMBO, CROSS SHUFFLE, PIVOT $\frac{1}{2}$ L, REVERSE $\frac{1}{4}$ R

1a2 RF step side(1), LF recover(a), RF step beside LF(2)
3a4 LF step side(3), RF recover(a), LF step beside LF(4)
5a6 RF cross over LF(5), Left ball step beside RF(a), RF cross over LF(6)
7,8 LF pivot $\frac{1}{2}$ turn L(7)12.00, RF reverse $\frac{1}{4}$ turn R(8)3.00

S4. L/R(CROSS ROCK, RECOVER, SIDE, SIDE SWAY), COUSTER STEP

1a2 LF cross over RF(1), RF recover(a), LF step side(2)
3a4 RF cross over LF(3), LF recover(a), RF step side(4)
5,6 LF rock side & sway(5), RF sway(6)
7a8 LF step backward(7), RF step beside LF(a), LF step forward(8)3.00

B part - 32c

S1. FWD/BWD/MAMBO, FORWARD, PIVOT $\frac{1}{4}$ L, SIDE MAMBO

1a2 RF rock forward(1), LF Recover(a), RF step beside LF(2)
3a4 LF rock backward(3), RF Recover(a), LF step beside LF(4)
5a6 RF step forward(5), LF pivot $\frac{1}{4}$ turn L(a)9.00, RF cross over LF(6)
7a8 LF rock side(7), RF recover(a), LF step beside LF(8)

S2. R-L DIAGONAL CHA, SYNCOPATED ROCKING CHAIR, SIDE CHA

1 a2 RF step diagonal forward(1), LF lock behind RF(a), RF step diagonal forward(2)
3a4 LF step diagonal forward(3), RF lock behind LF(a), LF step diagonal forward(4)
5a6a RF rock forward(5), LF recover(a), RF rock backward(7)6, LF recover(a)
7a8 Right ball step side(7), LF step beside RF(a), RF step side(8)9.00

S3. L/R VOLTA $\frac{1}{2}$ TURN

1a2a RF Turn $\frac{1}{8}$ L Stepping forward(1)7.30, Step LF beside RF(a), LF Turn $\frac{1}{8}$ L Stepping
forward(2)6.00, Step LF beside RF(a)
3a4 RF Turn $\frac{1}{8}$ L Stepping forward(3)4.30, Step LF beside RF(a), LF Turn $\frac{1}{8}$ L Stepping
forward(4)6.00

- 5a6a RF Turn $\frac{1}{8}$ R Stepping forward(5)4.30, Step LF beside RF(a), LF Turn $\frac{1}{4}$ R Stepping forward(6)6.00, Step LF beside RF(a)
- 7a8a RF turn $\frac{1}{8}$ R Stepping forward(7)7.30, Step LF beside RF(a) RF turn $\frac{1}{8}$ R Stepping forward(8)9.00, Step LF beside RF(a)

S4. SAMBA WISHK R - L, STATIONARY & BALANCE STEP

- 1a2 RF step side(1), Left ball rock behind RF(a), RF recover on(2)
- 3a4 LF step side(3), Right ball rock behind LF(a), LF recover on(2)
- 5a6a RF step side(5), LF step beside LF(a), RF Recover(6), LF step side(a)
- 7a8 RF step beside LF(7), LF recover on(a), RF flick(option: hold)(8)9.00

[Tag1-1&2]RF SIDE SWEEP, DRAG

RF sweep side(1-3), RF drag(4)

[Tag2]SHIMMY

[Tag3]SHIMMY×2

REPEAT

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