

Sandy Beaches

COPPER KNOB
STEPPERS

拍数: 48 墙数: 3 级数: Improver
编舞者: Tricia Bristow (USA) - January 2024
音乐: Sandy Beaches - Delbert McClinton



Section 1 – R Rock Fwd, L Recover, R Triple Back ½, L Rock Fwd, R Recover, L Triple ¼

1-2 Rock R forward, Recover onto L,
3&4 Step Right 1/4 Right, Step Left together, Step Right 1/4 Right [6:00]
5-6 Rock L forward, Recover onto R,
7&8 Step Left 1/4 Left, Step Right together, Step Left beside right [3:00]

Section 2 – {Rev Cha} R Rock Fwd, L Recover, R Back Shuffle, L Rock Back, R Recover, Shuffle

1-2 Rock Right Foot Fwd, Recover onto L
3&4 R Back Shuffle RLR (Step back on Right, Step Left half step back, Step back on Right)
5-6 Rock Left Foot Fwd, Recover onto R
7&8 L Fwd Shuffle LRL (Step Left Fwd, Step Right half step, Step Left Fwd)

****2nd Restart here in the 4th Wall/Rotation, Facing 9 O'Clock

Section 3 – Pivot on R ¼ to the L, Crossing Shuffle, Rock L to L Side, Recover, Crossing Shuffle

1-2 Step Fwd R, Pivot ¼ L while shifting weight to L, [12:00]
3&4 Cross R over Left, Left Beside R, Cross R over L
5-6 Rock L to L side, Recover R
5&6 Cross L over R, Right beside L, Cross L over R

***1st Restart here in the 3rd Wall/Rotation, Facing 6 O'Clock

*****Dance ends here - Start Section 4 with step change: change 1/4 L to 1/2 L.

Section 4 – Rock R, ¼ Turn L, R Crossing Shuffle, Rock L to L Side, Recover, Crossing Shuffle

1-2 Rock R to Right, Step back on L while turning ¼ L, [9:00]
3&4 Cross R over Left, Left Beside R, Cross R over L
5-6 Rock L to L side, Recover R
5&6 Cross L over R, right beside L, Cross L over R

Section 5 – R Big Step to R, Left Slide, L Big Step to L, Right Slide

1-4 Step R to right side, L Slide for 3 beats
5-8 Step L to left side, R Slide for 3 beats

(Add your on personal style)

Section 6 – R Cross Point Fwd, L Cross Point Back, R&L Sailor Steps

1-4 Cross R over L, Point Left to Left side, Cross L behind R, Point R to R side
5&6 Step right behind left, step left to side, step right to side
7&8 Step left behind right, step right to side, step left to side

***First Restart after dancing 3 sections during the 3rd wall/rotation. You will be facing 6 O'clock (just before Lyric: We can make believe that we are adrift on the sea)

****Second Restart happens in the 4th wall/rotation. You will not dance a full rotation after the first restart. You will be facing 9 O'clock. (After Lyric: Slow boat to China baby, just you and me. We got Sandy)

*****Dance ends at the end of Section 3 plus two beats. Use the first two beats of Section 4 with a step change from 1/4 L to 1/2 L so you will be facing the front.

Written: MAY 2023 Contact Information: Tricia Bristow instructor with The FOLD (Friends of Line Dancing), Erwin, NC, USA

Email: justdanceTAB@gmail.com Facebook: Tricia A Bristow: <https://www.facebook.com/tricia.a.bristow>

Class information listed on The FOLD: <https://www.facebook.com/theFOLDcenter>

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