

# Sandy Beaches

COPPER KNOB  
STEPPERS

拍数: 48                      墙数: 3                      级数: Improver  
编舞者: Tricia Bristow (USA) - January 2024  
音乐: Sandy Beaches - Delbert McClinton



## Section 1 – R Rock Fwd, L Recover, R Triple Back ½, L Rock Fwd, R Recover, L Triple ¼

1-2                      Rock R forward, Recover onto L,  
3&4                      Step Right 1/4 Right, Step Left together, Step Right 1/4 Right [6:00]  
5-6                      Rock L forward, Recover onto R,  
7&8                      Step Left 1/4 Left, Step Right together, Step Left beside right [3:00]

## Section 2 – {Rev Cha} R Rock Fwd, L Recover, R Back Shuffle, L Rock Back, R Recover, Shuffle

1-2                      Rock Right Foot Fwd, Recover onto L  
3&4                      R Back Shuffle RLR (Step back on Right, Step Left half step back, Step back on Right)  
5-6                      Rock Left Foot Fwd, Recover onto R  
7&8                      L Fwd Shuffle LRL (Step Left Fwd, Step Right half step, Step Left Fwd)

\*\*\*\*2nd Restart here in the 4th Wall/Rotation, Facing 9 O'Clock

## Section 3 – Pivot on R ¼ to the L, Crossing Shuffle, Rock L to L Side, Recover, Crossing Shuffle

1-2                      Step Fwd R, Pivot ¼ L while shifting weight to L, [12:00]  
3&4                      Cross R over Left, Left Beside R, Cross R over L  
5-6                      Rock L to L side, Recover R  
5&6                      Cross L over R, Right beside L, Cross L over R

\*\*\*1st Restart here in the 3rd Wall/Rotation, Facing 6 O'Clock

\*\*\*\*\*Dance ends here - Start Section 4 with step change: change 1/4 L to 1/2 L.

## Section 4 – Rock R, ¼ Turn L, R Crossing Shuffle, Rock L to L Side, Recover, Crossing Shuffle

1-2                      Rock R to Right, Step back on L while turning ¼ L, [9:00]  
3&4                      Cross R over Left, Left Beside R, Cross R over L  
5-6                      Rock L to L side, Recover R  
5&6                      Cross L over R, right beside L, Cross L over R

## Section 5 – R Big Step to R, Left Slide, L Big Step to L, Right Slide

1-4                      Step R to right side, L Slide for 3 beats  
5-8                      Step L to left side, R Slide for 3 beats

(Add your on personal style)

## Section 6 – R Cross Point Fwd, L Cross Point Back, R&L Sailor Steps

1-4                      Cross R over L, Point Left to Left side, Cross L behind R, Point R to R side  
5&6                      Step right behind left, step left to side, step right to side  
7&8                      Step left behind right, step right to side, step left to side

\*\*\*First Restart after dancing 3 sections during the 3rd wall/rotation. You will be facing 6 O'clock (just before Lyric: We can make believe that we are adrift on the sea)

\*\*\*\*Second Restart happens in the 4th wall/rotation. You will not dance a full rotation after the first restart. You will be facing 9 O'clock. (After Lyric: Slow boat to China baby, just you and me. We got Sandy)

\*\*\*\*\*Dance ends at the end of Section 3 plus two beats. Use the first two beats of Section 4 with a step change from 1/4 L to 1/2 L so you will be facing the front.

Written: MAY 2023 Contact Information: Tricia Bristow instructor with The FOLD (Friends of Line Dancing), Erwin, NC, USA

Email: justdanceTAB@gmail.com Facebook: Tricia A Bristow: <https://www.facebook.com/tricia.a.bristow>

Class information listed on The FOLD: <https://www.facebook.com/theFOLDcenter>

Last Update: 26 Jan 2024

---