

Whistle

拍数: 64 墙数: 2 级数: Phrased Improver / Intermediate
编舞者: Bernard BLIN (FR) - 26 December 2023
音乐: Whistle - Jax Jones & Calum Scott



Phrased (A – B) - Counts : A-32 B-32 Walls : 2

The dance

Intro : 16 counts. (after first words ... Baby if we ONLY got)

! Count absolutely 16 counts before starting the dance on «ONLY »

This dance consists of two consecutive sets (set 1 and set 2).

o Set 1: 2xA - B - 2xA – B

• 2 x A = 12 :00 to 0600 – 06 :00 to 12 :00

• B = 12 :00 to 12 :00

o Set 2: B - A - B - A – B

-12 :00 to 12 :00 – 12 :00 to 06 :00 – 06h :00 to 06 :00 – 06 :00 to 12 :00 – 12 :00 to 12 :00

Final: 2 (12h :00)

PART A – 32 counts (2 walls)

Section 1 : Rock step R – Together – Rock step L – Together – Rocking chair 12 :00 to 12 :00

1&2-3&4 Rock step on R – Together RF/LF – Rock step on L – Together LF/RF

5-6-7-8 Rocking chair (RF fwd– RF back)

Section 2 : 2 x Bump R – 2 x Bump L - Rocking chair. 12 :00 to 12 :00

1-2-3-4 2 x Bump to R– 2 x Bump to L (BW/LF)

5-6-7-8 Rocking chair (RF fwd– RF back) (BW/LF)

Section 3 : Step RF fwd – Point L LF – Step LF fwd – Point R RF – 2 x Paddle 1/8 turn L 12 :00 to 09 :00

1-2-3-4 Step RF fwd – Tip LF on L – Step LF fwd – Tip RF on R

5-6-7-8 Step RF fwd – 1/8 turn on L – Step RF fwd – 1/8 turn on L (BW/LF)

Section 4 : Step RF fwd – Point L RF – Step LF fwd - 2 x Paddle 1/8 turn L 09 :00 to 06 :00

1-2-3-4 Step RF fwd – Tip LF on L – Step LF fwd – Tip RF on R

5-6-7-8 Step RF fwd – 1/8 turn on L – Step RF fwd – 1/8 turn on L (BW/LF)

PART B – 32 counts (1 wall)

Section 1 : 4 x Steps back (Into « West Cost Swing » mode R-L-R-L) – Together - 3 x Steps fwd (R-L-R) – Together. 12 :00

1-2-3-4 Simultaneously, Step RF and Heel grind LF - Simultaneously, Step back LF and Heel grind RF) - Simultaneously, Step RF and Heel grind LF – Together (LF/RF)

5-6-7-8 Walk 3 steps fwd (RF-LF-RF) – Together (LF/RF)

Section 2 : Repeat section 1

Section 3 : 3 x Steps back (into « Moonwalk » mode R-L-R) – 3 x Steps fwd (R-L-R) – Together. 12 :00

1-2-3-4 Simultaneously slide back RF and Raise LF heel - Simultaneously slide back LF and Raise RF heel - Simultaneously slide back RF and Raise LF heel – Together.

5-6-7-8 Walk 3 steps fwd (RF-LF-RF) – Together (LF/RF)

Section 4 : Repeat section 3

Final : 2 x Steps fwd (L-R) 12 :00

