

Alardoso

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Beginner - Cuban
编舞者: Evi Pravita (INA) - January 2024
音乐: El alardoso (feat. Mayito Rivera) - Orquesta Enrique Jorrin



No Tag or Restart .

Section 1 Basic cha cha

1 2 3 Step RF to right side , step LF forward , recover on RF
4 & 5 Step LF to left side , step RF together, step LF to left side
6 - 7 Step RF to back , step LF forward
8 & Step RF to right side , step LF together,

Section 2 Hip sway , Compact Chasse

1 - 2 step RF side sway hip to right , hold
3 - 4 step LF side sway hip to left , hold
5 6 & step RF to right side, step LF next to right ,change weight to RF
7 8 & step LF to left side, step RF next to left ,change weight to LF

Section 3 Weave 1/ 2 turn to Right ,Sweep

1 2 3 step RF to right side , step LF back , 1/4 turn right step RF forward
4 5 6 step LF forward , 1/4 turn right step RF to right side, cross LF over right
7 - 8 step RF to right side , sweep LF from front to back.

Section 4 Cuban break L, R, Hip bump

1 2 3 step LF back , step RF to side, Cross LF over right
4 5 6 recover on RF , step LF to side, cross RF over left
7 8 & recover on LF , touch RF to right side pushing hip to right, recover hip to Centre

Enjoy the dance
Happy Dancing