

# Ru Guo Jiu Zhe Me Lao Le 如果就這麼 老了

COPPER KNOB  
STEPSHEETS

拍数: 32  
编舞者: Nina Chen (TW) - January 2024  
音乐: Ru Guo Jiu Zhe Me Lao Le (如果就這麼老了) (DJ何鵬版) - Guang Qiu Li (廣秋里)

级数: Absolute Beginner



Intro: 32 counts, No Tag ! No Restart !!

## Sec1: SIDE - TOGETHER - SIDE - TOUCH, (L & R) SIDE - TOUCH BEHIND

1-4 Step Rf to R - Step Lf beside Rf - Step Rf to R - Touch Lf beside Rf  
5-8 Step Lf to L - Touch Rf behind Lf - Step Rf to R - Touch Lf behind Rf

## Sec2: SIDE - TOGETHER - SIDE - TOUCH, (R & L) SIDE - TOUCH BEHIND

1-4 Step Lf to L - Step Rf beside Lf - Step Lf to L - Touch Rf beside Lf  
5-8 Step Rf to R - Touch Lf behind Rf - Step Lf to L - Touch Rf behind Lf

## Sec3: CHARLESTON (x2)

1-4 Step Rf fwd - Touch Lf heel fwd - Step Lf back - Touch Rf toe back  
5-8 Step Rf fwd - Touch Lf heel fwd - Step Lf back - Touch Rf toe back

## Sec4: ROCKING CHAIR 1/4 R (x2)

1-4 Rock Rf fwd - Recover on Lf - 1/4 turn R (3:00) rock Rf back - Recover on Lf  
5-8 Rock Rf fwd - Recover on Lf - 1/4 turn R (6:00) rock Rf back - Recover on Lf

Have Fun & Happy Dancing !!!

Contact Nina Chen : [nina.teach.dance@gmail.com](mailto:nina.teach.dance@gmail.com)