

Best Adventure Is With You

COPPER KNOB
BY STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
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音乐: Best Adventure - Leaving Thomas



No tags or restarts.

Section (1) WALK FWD 2 STEPS, ROCK RECOVER, CROSS SHUFFLE, SWIVEL 1/2 TURN LEFT, CROSS SHUFFLE.

- 1-4.- Step fwd RF, step fwd LF, rock RF to R, recover weight to LF. (Facing 12 o clock wall)
- 5&6.- Cross & cross RF over the LF (cross shuffle) keeping weight on the RF, as you swivel ½ turn to the Left.
- 7&8.- Cross & cross LF over RF (cross shuffle) Facing 6 o clock.

Section (2). – STEP FLICK, STEP FLICK, R. SHUFFLE, ROCK RECOVER.

- 1-2.- Step RF to R, flick LF behind RF, slap left heel with the right hand.
- 3-4.- Step LF to L, flick RF behind the LF, slap the right heel with the left hand.
- 5&6.- Step RF to R, step LF next to RF, step RF to R. (Right Shuffle)
- 7-8.- Rock LF back. Recover weight onto RF.

Section (3). – STEP FLICK, STEP FLICK, L. SHUFFLE, ROCK RECOVER.

- 1-2.- Step LF to L, flick RF behind LF, slap right heel with the left hand.
- 3-4.- Step RF to R, flick LF behind the RF, slap the left heel with the right hand.
- 5&6.- Step LF to L, step RF next to LF, step LF to L. (Left Shuffle)
- 7-8.- Rock RF back, recover weight onto LF.

SECTION (4). - RIGHT V STEP, LEFT V STEP.

- 1.- Step RF fwd at a 45-degree angle
- 2.- Step LF fwd at a 45-degree angle
- 3.- Step RF back to center.
- 4.- Touch LF next to RF.
- 5.- Step LF fwd at a 45-degree angle
- 6.- Step RF fwd at a 45-degree angle
- 7.- Step LF back to center
- 8.- Touch RF next LF.

Easy fun beginner dance for everyone to enjoy!

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