

All About Now

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Heather Barton (SCO) - January 2024
音乐: What About Now - Lonestar



Intro: 32 Counts, Start at approx.. 15 secs

SEC 1 1/8 Step, Lock, Step Lock Step, Rock, 1/2 Shuffle

1-2 Turn 1/8 right step right forward, lock left behind right (1:30)
3&4 Step right forward, lock left behind right, step right forward
5-6 Rock left forward, recover weight onto right
7&8 Turn 1/4 left step left to left, step right beside left, turn 1/4 left step left forward (7:30)

SEC 2 Kick Ball Point, Kick Ball Point, Step, 1/8 Sweep, Cross Shuffle

1&2 Kick right forward, step right beside left, point left to left
3&4 Kick left forward, step left beside right, point right to right
5-6 Step right forward, turn 1/8 right sweep left from back to front (9:00)
7&8 Cross left over right, step right beside left, cross left over right

Restart Here on Wall 5

SEC 3 Side Rock, Behind, Side, Cross, Point, Cross, 1/2 Unwind

1-2 Rock right to right, recover weight onto left
3-4 Step right behind left, step left to left
5-6 Cross right over left, point left to left
7-8 Cross left over right, unwind 1/2 right keeping weight on left (3:00)

SEC 4 1/4 Side, Touch, 1/4 Shuffle, Jazzbox Cross

1-2 Turn 1/4 right step right to right, touch left beside right (6:00)
3&4 Turn 1/4 left step left forward, step right beside left, step left forward (3:00)
5-6 Cross right over left, step left back
7-8 Step right to right, cross left over right

Tag 1 At the end of Walls 2, 6 and 9

Side Rock, Back Rock

1-2 Rock right to right, recover weight onto left
3-4 Rock right back, recover weight onto left

Tag 2 At the end of Wall 8

1/8 Rock, 1/2 Shuffle, Rock, Coaster Step

1-2 Turn 1/8 right rock right forward, recover weight onto left
3&4 Turn 1/4 right step right to right, step left beside right, turn 1/4 right step right forward
5-6 Rock left forward, recover weight onto right
7&8 Step left back, step right beside left, step left forward

Note After Tag 2, omit 1/8 turn to start the dance