

# Trains

拍数: 32                      墙数: 4                      级数: Beginner  
编舞者: Shelia Montgomery (USA) - January 2024  
音乐: Love Train - The O'Jays  
或: Runaway Train - Soul Asylum  
或: Old Toy Trains - Toby Keith



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**Intro: 16 counts**  
**Music: Love Train - O'Jays**

**Runaway Train - Soul Asylum (Intro: 16 cts)**  
**Old Toy Trains - Toby Keith (Christmas song) (Intro: 16 cts)**

**Love Train: No Tags/No Restarts**  
**\* \*\***

**Weave left, Cross rock - recover, Big step R side - drag L toe**

1,2,3,4                      Step R over L, step L to left side, step R behind L, step L to left side  
5,6,7,8                      Cross rock R across L, recover onto L, R long step to right side, drag L toe to R in prep for weave right

**Weave right, Cross rock - recover, Big step L side - drag R toe**

1,2,3,4                      Step L over R, step R to right side, step L behind R, step R to right side  
5,6,7,8                      Cross rock L over R, recover onto R, L long step to left side, drag R toe to L in prep for jazz box

**Jazz ¼ turn right, Walk ½ left (r,l,r,l)**

1,2,3,4                      Step R over L, step L back making 1/8 turn right, step R to side making 1/8 turn right, step L forward  
5,6,7,8                      Walk left in a semi-circle R,L,R,L making a ½ turn

**K step (w/claps optional)**

1,2,3,4                      Step R fwd to right diagonal, touch L to R, step L to back left diagonal, touch R to L  
5,6,7,8                      Step R to back right diagonal, touch L to R, step L to forward left diagonal, touch R to L

**Ending: 6:00 Wall - Do first 16 counts of dance, then jazz box ½ turn to the 12:00 wall.**

**\* Restart for Runaway Train: Wall 5 (12:00)**

**Do first 4 counts of the dance (Weave left) - then R cross rock - recover, R back diag rock - recover, Restart**  
1,2,3,4                      Step R across L, step L to left side, step R behind L, step L to left side  
5,6,7,8                      Cross rock R over L - recover onto L, rock back on R to right back diagonal - recover onto L - RESTART

**\*\* Restart for Old Toy Trains: Wall 4 (3:00) Do first 16 counts of dance and Restart (Instrumental)**

**Ending: Wall 6 (9:00) Do first 8 counts of dance, Then:**  
**Weave right: 1,2,3,4 Over - side - behind - side**  
5,6                      Step ¼ right on L to left side, drag R to L

**Last Update: 20 Jan 2024**

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