

Selfish Beginner

COPPERKNOB
BY STEPHANIE QUAYLE

拍数: 24 墙数: 4 级数: Absolute Beginner
编舞者: Hailey Thomson (NZ) - 8 January 2024
音乐: Selfish - Stephanie Quayle



#16 count intro, start on lyrics

Walk R,L,R, L Shuffle Fwd, Rock R Fwd, Recover half shuffle R,L,R

1,2,3,4&5 Walk fwd R,L,R, shuffle fwd L,R,L
6,7,8&1 Rock R fwd, recover to L, half shuffle over R shoulder (6:00) R,L,R

Rock Recover L, Sailor step L, Step R to side swaying R,L, Touch R by L

2,3,4&5 Rock L Fwd, recover to R, L Sailor step (weight on L)
6,7,8 Sway R,L, drag R next to L and touch

R side tog, ¼ shuffle R,L,R, step L, half pivot, shuffle fwd L,R,L

1,2,3&4 Step R to R side, drag L towards R (change weight to L), ¼ Shuffle R Stepping R,L,R (9:00)
5,6,7&8 Step Fwd on L, half pivot R (Changing weight to R) (3:00), Shuffle fwd L,R,L

Restart dance

No tags, no restarts

Thanks!
