

Traumatic (Trauma)

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Rini Hukom (INA) & Luci Irawati (INA) - January 2024
音乐: Trauma - Prilly Latuconsina



I. FORWARD, FORWARD MAMBO, COASTER, FORWARD, ¼ TURN R, CROSS, HINGE TURN

- 1-2& Step Rf forward, Rock Lf forward, Recover on Rf
3-4& Step back on Lf, Step back on Rf, Step Lf next to Rf
5-6& Step Rf forward, Step Lf forward, ¼ turn R Step Rf to right side (03.00)
7-8& Cross Lf over Rf, ¼ turn L Step back on Rf, ¼ turn L Step Lf to left side (09.00)

II. CROSS, WEAVE, ¼ TURN L FORWARD ROCK FORWARD

- 1-2& Step Rf forward sweep Lf from back to front, Cross Lf over Rf, Step Rf to right side
3-4& Cross Lf behind Rf Sweep Rf from front to back, Cross Rf behind Lf, ¼ turn L Step Lf forward (06.00)
5-6& Rock Rf forward, Recover on Lf, Step Rf next to Lf
7-8& Rock Lf forward, Recover on Rf, Step Lf next to Rf

III. BACK, ½ TURN L SAILOR, ¾ TURN R RUN, DIAMOND ¼ TURN L

- 1-2& Step back on Rf sweep Lf from front to back, ½ turn Lf Step slightly behind Rf, Step Rf next to Lf (12.00)
3-4& Step Lf forward, ¼ turn R Step Rf forward, Step Lf next to Rf (03.00)
5-6& ½ turn R Step Rf forward sweep Lf from back to front, Cross Lf over Rf, Step Rf to right side (09.00)
7-8& 1/8 turn L Step back on Rf, Step back on Rf, 1/8 turn L Step Lf to left side (06.00)

IV. 1/8 TURN L TOE TOUCH, STEP, LIFT BACK, TOE TOUCH, 1/8 TURN R NIGHT CLUB

- 1 – 2 1/8 turn L Touch R toe forward and bring L arm straight down close to Rf, Bring L arm straight up (04.30)
3-4& Step Rf in place and bring R arm straight up and lift Lf back, Step Lf in place, Touch R toe next to Lf
5-6& 1/8 turn R Step Rf to right side, Step Lf slightly behind Rf, Cross Rf over Lf (06.00)
7-8& Step Lf to left side, Step Rf slightly behind Lf, Cross Lf over Rf

TAG 1 (2 count) : After wall 1

On wall 4 after 16 count and then restart

- 1 – 2 Touch R toe next to Lf and bring R arm straight up, and then bring it in front of the chest

TAG 2 (4count)

On wall 6 after 16 count and then restart

- 1 – 2 Touch R toe next to Lf and bring R arm straight up, and then bring it in front of the chest
3 – 4 Hip sway RL

RESTART

On wall 3 after 8 count by stepping changed

- 8& ¼ turn L Step back on Rf, ½ turn L Step Lf forward (06.00)