

Green Light

拍数: 32 墙数: 4 级数: Improver
编舞者: Robyn Womack (USA) - January 2024
音乐: Green Light (From "American Song Contest") - Enisa



Start after 16 counts on lyrics

Start facing 12:00

S1: Samba whisks, R-L, walk forward R-L, shuffle forward on R

1-2& Step right with R foot (1), rock L behind R (2) and recover to R (&)
3-4& Step left with L foot (3) rock R behind L (4), recover to L (&)
5-6 Walk forward R-L (5-6)
7&8 Shuffle forward with R (7&8)

S2: Step forward with L foot, ¼ turn right, cross shuffle L over R, ¾ turn to left with R foot shuffle forward facing 6:00

1-2 Step forward with L foot, ¼ pivot right (1-2) (3:00)
3&4 Cross shuffle L over R (3&4)
5-6 Step R back, turning ¼ left to 12:00 (5), step L to left, turning 1/2 left to 6:00 (6)
7&8 R foot shuffle forward to 6:00

(Counts 5-8 should be fluid, making a continuous ¾ turn to left facing 6:00)

S3: Step forward with L foot, ¼ turn R, cross shuffle L over R, two hip rolls, R-L

1-2 Step forward with L foot (1) and ¼ pivot R (2) (9:00)
3&4 Cross shuffle L over R (3&4)
5-6 Right hip roll: step R to right,(5) roll hips left to right (6)
7-8 Left hip roll: step L to left (7), roll hips right to left (8)

S4: Big Diagonal step back on R, drag L foot touching right, big step L dragging R touching L. Step forward with R foot, L foot touching behind, ½ turn L stepping forward with R touching L foot

1-2 Big Diagonal step back on R, drag L to touch R (1-2)
3-4 Big step left on L, drag R to touch L (3-4)
5-6 Step forward with R foot, L foot touching behind R (5-6)
7-8 ½ turn L, Step forward with L 3:00 (7), touch R to L (8)

*There are no tags or restarts. Start again and enjoy!

*To finish the dance, on Wall 10 facing 3:00, finish S1, on counts 7&8 of S2 facing 9:00, Rock forward recover with R, and make a quarter turn right to finish facing 12:00.

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