

La Mucura 2024

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Elisabeth HS (INA) & Retno Ernawati (INA) - January 2024
音乐: La Múcura - Luzele



Restart: 3x, on Walls 3, 6, 9 after 16 count

Intro 24 Count

Section 1 SAMBA WHISK RL, TURN 1/4 L SAMBA WHISK RL

1a2 Step RF to R, Rock LF Back, recover onto RF
3a4 Step LF to L, Rock RF back, recover onto LF
5a6 Turn 1/4 L Step RF to R, Rock LF Back, recover onto RF
7a8 Step LF to L, Rock RF back, recover onto LF

Section 2 REPEAT Sec 1

Section 3 TURN 1/4 L SAMBA WHISK RL, Sway RLRL

1a2 Turn 1/4 L Step RF to R, Rock LF Back, recover onto RF
3a4 Step LF to L, Rock RF back, recover onto LF
5678 Sway RLRL

MAIN DANCE

Section 1: STEP CLOSE, SHUFFLE TO RIGHT, CROSS RECOVER, CROSS RECOVER

1 - 2 rf step to right, close lf next to rf
3&4 shuffle rf, lf, rf
5&6 rock lf cross over rf, recover on rf, step lf to left
7&8 rock rf cross over lf, recover on lf, step rf to right

Section 2 : STEP CLOSE TO LEFT, SHUFFLE TO LEFT, PADDLE 1/4 TO LEFT, PADDLE 1/16 TO LEFT 3X

1 - 2 step lf to left, close rf next to lf
3&4 shuffle lf, rf, lf
5&6& rf step forward turn 1/4 left recover on lf, rf turn 1/16 left recover on lf
7&8& rf turn 1/16 left recover on lf, rf turn 1/16 left recover on lf (6 o'clock)

Restart here on wall 3, 6, 9

Section 3 BOTAFOGO RL, STEP BACK 4x w/SHIMMY SHIMMY

1&2 Cross RF over LF, Rock LF to L, recover onto RF
3&4 Cross LF over RF, Rock RF to R, recover onto LF
5 - 6 Step RF back Step LF back with shimmy shimmy
7 - 8 Step RF back, step LF back with shimmy shimmy

Section 4 TURN 1/4 R CROSS SHUFFLE, TURN 1/2 L CROSS SHUFFLE, SIDE MAMBO RL

1&2 Turn 1/4 R Cross RF over LF, step LF to L, cross RF over LF
3&4 Turn 1/2 L Cross LF over RF, step RF to R, cross LF over RF
5&6 Rock RF to R, recover onto LF, step RF next to LF
7&8 Rock LF to L, recover onto RF, , step LF next to RF (3 o'clock)

Finish enjoy, happy dancing