

Cold

COPPER KNOB
STEP SHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Mz. Nikki Smooth Dance Queen (USA) - January 2024
音乐: Cold Blooded - Rick James : (Album: Motown: The Complete No. 1's)



[1-8] VINE R, VINE L

1-4 Step R to Side, Step L Behind R, Step R to Side, Touch L Beside R
5-8 Step L to Side, Step R Behind L, Step L to Side, Touch R Beside L

[9-16] 3 STEPS BACK, HOLD, 3 STEPS BACK, HOLD

1-4 Step R Back, Step L Back, Step R Back, Hold
5-8 Step L Back, Step R Back, Step L Back, Hold

[17-24] ONE STEP FWD, HOLD 3, ONE STEP FWD, HOLD 3

1-4 Step R Fwd, Hold 3 counts
5-8 Step L Fwd, Hold 3 counts

[25-32] HIPS FWD, BACK, FWD, STEP L FWD, JAZZ BOX TURN LEFT

1-4 Step R Fwd Pushing hips Fwd, Push Hips Back, Push Hips Fwd, Step L Fwd
5-8 Step R Across L, Step L Back 1/8 Turn L, Step R Back 1/8 Turn L, Step L Beside R

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Step sheet by Steve Cavanaugh (steve@slinedancing.com)