Red's Night Club



编舞者: Jennifer Workman (USA) - July 2022 音乐: The Lady In Red - Chris de Burgh



INTRO: Begin dance at 0:18 seconds (as singing begins)

[1-8] BASIC NC2 STEP X 2. BASIC NC2 STEP WITH HA	ALF THRN Y 2

1 – 2 &	Big step to the right on R, Rock L behind R, Recover on R with cross in front of L
3 – 4 &	Big step to the right on L, Rock R behind L, Recover on L with cross in front of R
5 – 6 &	Step forward on the R with 1/2 turn to L, Rock back on L, Recover forward on R
7 – 8 &	Step forward on the L with 1/2 turn to R, Rock back on R, Recover on L with cross in front of
	R

[9-16] BASIC NC2 STEP, BASIC NC2 STEP FULL TURN X 2, BASIC NC 2 STEP

1 – 2 &	Big step to the right on R, Rock L behind R, Recover on R with cross in front of L
3 – 4 &	Step L with a 1/4 turn to the L, Step forward on the R, Pivot 3/4 turn on L to L
5 – 6 &	Step R with a 1/4 turn to the R, Step forward on the L, Pivot 3/4 turn on R to R
7 – 8 &	Big step to the right on L, Rock R behind L, Recover on L with cross in front of R

[17-24] BASIC NC2 STEP SLIDE, ANGLED LOCKING STEPS BACK X 2, ROCKING CHAIR

1 – 2 &	Big step to the right on R, Step back on L angling L, Cross R over L
3 – 4 &	Step back on L angling L, Step back on R angling R, Cross L over R
5 – 6 &	Step back on R angling R, Rock back on L, Recover forward on R
7 & 8 &	Rock forward on L, Recover back on R, Rock back on L, Recover forward on R

[25-32] BASIC NC 2 STEP WITH HALF TURN, ROCKING CHAIR, 1/4 TURN L, HIP SWAYS X 4

1 – 2 &	Step forward on the L with 1/2 turn to the R, Rock back on the R, Recover forward on the L
3 & 4 &	Rock forward on the R, Rock back on the L, Rock back on the R, Recover forward on the L
5 – 6	Step forward on the R with 1/2 turn L and sway hips to the R, Sway hips to the L
7 _ 8	Sway hips to the R. Sway hips to the L with weight on L