

# Laid Back

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Peter O'Shea (AUS) - January 2024  
音乐: Laid Back 'n Low Key (Cay) - Alan Jackson



**Start: On the word "Low"**

## **ROCKING CHAIR HOLD, BACK ROCKING CHAIR HOLD**

1-2            step/rock R forward, recover to L  
3-4            step R back, hold  
5-6            step/rock L back, recover to R  
7-8            step L forward, hold

## **SIDE ROCK CROSS HOLD TWICE**

9-10          step/rock R to side, recover to L  
11-12        cross R over L, hold  
13-14        step/rock L to side, recover to R  
15-16        cross L over R, hold

## **STEP TO SIDE TOUCH HEEL ACROSS TWICE, VINE RIGHT TOUCH**

17-18        step R to side, touch L heel across R  
19-20        step L to side, touch R heel across L  
21-22        step R to side, step L behind R  
23-24        step R to side, touch L together

## **STEP TOE STEP HEEL, VINE ¼ SCUFF**

25-26        step L forward, touch R toe behind L  
27-28        step R in place, touch L heel forward  
29-30        step L to side, step R behind L  
31-32        turning ¼ left step L forward, scuff R forward together

**REPEAT**

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