We are Family

拍数: 32 **墙数:** 2 **级数:** Beginner

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音乐: We Are Family - Sister Sledge

Intro: Intro after 32 Counts

[1 – 8] V-Steps x2

1, 2	Step diagonally forward R, Step diagonally forward L
3, 4	Step back to center R, Step back to center L
5, 6	Step diagonally forward R, Step diagonally forward L
7, 8	Step back to center R, Step back to center L

[9 – 16] Side Hip R, Side Hip L, Walk Back 3x, Together

1, 2,	Step side on R and start hip roll from L to R, finish hip roll on R
3, 4	Step side on L and start hip roll from R to L, finish hip roll on L
5, 6, 7, 8	Step Back 3x R, L, R, Step L next to R

[17 – 24] Shuffle fwd 2x, Rocking Chair

1 & 2	Step R forward, Step L next to R, Step R forward
3 & 4	Step L forward, Step R next to L, Step L forward
5, 6, 7, 8	Step R forward, recover on L, Step R back, recover on L

[25 – 32] Step ¼ Turn L 2x, Sway 3x, Together

1, 2, 3, 4	Step R forward ¼ turn L, Step R forward ¼ turn L (06:00)
5, 6, 7, 8	Sway right onto right, sway to left, sway to right, Step L next to R

Intro after 32 Counts

[1 - 8] Grapevine with touch R, Grapevine with touch L

1, 2, 3, 4	Step R to right side, Step L behind R, Step R to right side, Touch L beside R
5, 6, 7, 8	Step L to left side, Step R behind R, Step L to left side, Touch R beside L

[9 – 16] Walk Back 4x, Walk Forward 3x, Touch

1, 2, 3, 4	Walk back 4x R, L, R, L
5, 6, 7, 8	Walk forward 3x R, L, R, Touch L beside R

[17 – 24] Grapevine with touch L, Grapevine with touch R

1, 2, 3, 4	Step L to left side, Step R behind R, Step L to left side, Touch R beside L
5, 6, 7, 8	Step R to right side, Step L behind R, Step R to right side, Touch L beside R

[25 – 32] Walk Forward 4x, Walk Back 3x, Touch

1, 2, 3, 4	Step forward 4x L, R, L, R
5, 6, 7, 8	Step back 3x L, R, L, Touch R beside L