

Lose Control - Winter Waltz

COPPER KNOB
BY STEPHENETS

拍数: 96 墙数: 2 级数: Improver
编舞者: Toni Scholefield (CAN) - January 2024
音乐: Lose Control (feat. Kelly Clarkson) - Teddy Swims



Intro: Starts after only 6 beats

(1) CROSS SWEEP LEFT, CROSS SWEEP RIGHT

1-2-3 Cross left over right, hold (2 counts)
4-5-6 Sweep right from back to front
7-8-9 Cross right over left sweep, hold (2 counts)
10-11-12 Sweep left from front to back

(2) TWINKLE LEFT, TWINKLE RIGHT, WEAWE RIGHT, DRAG LEFT TOGETHER

1-2-3 Cross left over right, step right to right side, step left together
4-5-6 Cross right over left, step left to left side, step left together
7-8-9 Cross left over right, step right to right side, step left behind right
10-11-12 Step right to right side, drag left together (2 counts)

(3) FULL TURN LEFT, CROSS ROCK RIGHT AND LEFT, STEP RIGHT TO SIDE, TOUCH LEFT, HOLD

1-2-3 Step left forward 1/4 turn left, right forward 1/4 turn left, left to side 1/2 turn left
4-5-6 Cross rock right over left, recover left, step right together
7-8-9 Cross rock left over right, recover right, step left together
10-11-12 Step right to side, touch left together, hold

(4) BOX, REVERSE TURN

1-2-3 Step left forward, right to right side, step left together
4-5-6 Step right back, left to left side, right together
7-8-9 Step left forward, right to side 1/4 turn left, step left together
10-11-12 Step right back 1/8 turn left, left to side 1/8 turn left, right together (6:00)

(5) LEFT FORWARD, POINT RIGHT TO SIDE, HOLD, RIGHT FORWARD, POINT LEFT TO SIDE, HOLD

1-2-3 Step left forward, hold (2 counts)
4-5-6 Point right to right side, hold (2 counts)
7-8-9 Step right forward, hold (2 counts)
10-11-12 Point left to side, hold (2 counts)

(6) CROSS LEFT BEHIND RIGHT, ROCK RIGHT TO SIDE, RECOVER LEFT, CROSS RIGHT BEHIND LEFT, ROCK LEFT TO SIDE, REPEAT

1-2-3 Cross left behind right, rock right to side, recover left
4-5-6 Cross right behind left, rock left to side, recover right
7-8-9 Cross left behind right, rock right to side, recover left
10-11-12 Cross right behind left, rock left to side, recover right

(7) LEFT FORWARD, RIGHT PIVOT 1/2 TURN LEFT, LEFT FORWARD, RIGHT FORWARD, REPEAT

1-2-3 Step left forward, hold (2 counts)
4-5-6 Step right pivot 1/2 turn left, step left forward, step right forward
7-8-9 Step left forward, hold (2 counts)
10-11-12 Step right pivot 1/2 turn left, step left forward, step right forward

(8) FORWARD BASIC, BACK BASIC, ROCK LEFT TO SIDE, RIGHT BEHIND LEFT, RECOVER LEFT, ROCK RIGHT TO SIDE, LEFT BEHIND RIGHT, RECOVER RIGHT

1-2-3 Step left forward, right together, step left together

4-5-6 Step right back, left together, right together.
7-8-9 Rock left to left side, right behind left, recover left
10-11-12 Rock right to right side, left behind right, recover right

***ENDING: After Wall 5, step left 1/2 turn to face 12:00 and point right to side**

***WALL SEQUENCE: 12, 6, 12, 6, 12**

Last Update: 22 Jan 2024
