

M&M Just Sing (Chair Dance)

COPPERKNOB
BYEPOSTHEATS

拍数: 0 墙数: 0 级数:
编舞者: V. Allen L. Isidro (USA) - January 2024

音乐: Just Sing (Trolls World Tour) - Justin Timberlake, Anna Kendrick, James Corden,
Kelly Clarkson, George Clinton, Mary J. Blige, Anderson .Paak, Rachel Bloom,
Kenan Thompson, Anthony Ramos, Red Velvet, Icona Pop, Sam Rockwell &
Kunal Nayyar



PHRASING: ABC-ABC-ABC-ABC-ABC-AB-Tag-ABC-AB
Start after about 30-sec intro

Set A Heel, together, heel, together, heel, together, heel, together
1-2-3-4 R heel – together - L heel - together
5-6-7-8 R heel – together - L heel - together
repeat

Set B Ankle twist, bounce, bounce, ankle twist, bounce, bounce
1-2-3-4 R&L heel to right-R&L toe to right-R&L bounce 2x
5-6-7-8 L&R heel to left-L&R toe to left-L&R bounce 2x
repeat

Set C Ankle twist, bounce, bounce, ankle twist, bounce, bounce
1-2-3-4 R&L heel to right-R&L toe to right-R&L bounce 2x
Simultaneous 2-hand sways R-L-R-R
5-6-7-8 L&R heel to left-L&R toe to left-L&R bounce 2x
Simultaneous 2-hand sways L-R-L-L
repeat

Tag 16ct Right point finger sway front to right on 2 counts, to left on 2 counts
1-2-3-4 Point right finger front to right (2ct), point left finger front to left (2ct)
5-6-7-8 Point right finger front to right (2ct), point left finger front to left (2ct)
repeat

START ALL OVER ON NEW WALL

Note: For the finale, just freeze for a few seconds on the hand sway

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