

Last Confession

COPPERKNOB
STEPSHEETS

拍数: 62 墙数: 2 级数: Phrased Intermediate
编舞者: Mark Furnell (UK) & Chris Godden (UK) - December 2023
音乐: Ladada (Mes Derniers Mots) - Claude



Intro: 40 Counts, Start at approx 20 secs

Sequence: A, B, A, A (16 Counts), A, A (24 Counts), B, A, A, Ending

Part A

SEC 1 Camel Walks, Shuffle Press, Recover Sweep, Back Sweep, ¼ Sailor

1-2 Step right forward popping left knee forward, step left forward popping right knee forward
3 Step right forward popping left knee forward

Arms

1-2 Grab both elbows with elbows in front of body, slide hands down to wrists
3 Push both arms down
4& Step left forward, step right beside left
5-6 Press left forward, recover weight onto right sweeping left from front to back
7 Step left back sweeping right from front to back
8&1 Turn ¼ right step right behind left, step left to left, step right forward (3:00)

SEC 2 ½ Pivot, ½ Step, ¼ Sweep, Cross, Side Rock, Behind, Side, Cross Shuffle

2 Pivot ½ left transferring weight on to left (9:00)
3-4 Turn ½ right step right forward, turn ¼ right sweep left from back to front (6:00)
5 Cross left over right
6& Rock right to right, recover weight onto left
7& Step right behind left, step left to left
8&1 Cross right over left, step left beside right, cross right over left

Restart Here, 3rd time Part A is danced, change 8& to the following the Restart with Part A

8& Cross right over left, step left beside right

SEC 3 Side Rock, Behind, Full Walk Around

2-3 Rock left to left, recover weight onto right
4-5 Step left behind right, turn ¼ right step right forward (9:00)
6-7 Turn ¼ right step left forward, turn ¼ right step right forward (3:00)
8 Turn ¼ right step left to left (6:00)

Restart Here 5th time Part A is danced, Restarting with Part B

SEC 4 Behind Sweep, Hold, Pony, Back Rock, Full Turn

1-2 Step right behind left sweep left from front to back, hold
3&4 Step left back hitching right knee, step right beside left, step left back hitching right knee
5-6 Rock right back, recover weight onto left
7-8 Turn ½ left step right back, turn ½ left step left forward (6:00)

Part B

SEC 1 Side, Behind, ¼ Step, Rock, Back Back Sweep, Behind, ¼ Side, Step, Full Spiral Turn, Run Run ¼ Step Sweep

1-2& Step right to right, Step left behind right, turn ¼ right step right forward (9:00)
3-4& Rock left forward, recover weight onto right, step left back
5 Step right back sweeping left from front to back
6& Step left behind right, turn ¼ right step right to right
7 Step left forward spiral full turn right hooking right (12:00)

8& Step right forward, step left forward
1 Step right forward turn ¼ right sweeping left from back to front

SEC 2 Cross, ¼ Back, Back, Back Rock, Recover, Back Rock, Recover, Back Rock, Recover, Step, ½ Unwind

2&3 Cross left over right, turn ¼ left step right back, step left back (12:00)

4&5 Step back right, step back left, rock right back

a6a Recover weight onto left, rock right back, recover weight onto left

SEC 3 Step Pivot, Slow unwind

1-5 Step right forward, unwind ½ left keeping weight on right (6:00)

6&7& Point left to left, step left beside right, point right to right, step right beside left

8& Point left forward, step left beside right

Ending

Step, ½ Pivot, Out Out, Hold, Arms

1-2 Step right forward, pivot ½ left transferring weight on to left

3-4 Step right to right, step left to left

Arms

3-4 Place right arm to right side, place left arm to left side

5 Hold

6-7 Grab both elbows with elbows in front of body, slide hands down to wrists

8 Push both arms down dropping head

Last Update: 9 Jan 2024
