

G.O.A.T.

拍数: 32 墙数: 4 级数: Improver
编舞者: Guy Dubé (CAN) & Nancy Milot (CAN) - January 2024
音乐: G.O.A.T. - Chris Janson



Intro : 16 counts.

[1-8] HEEL SWITCHES R,L, SCUFF-HITCH-STOMP in 1/4 TURN R, HEEL SWITCHES L,R, SCUFF-HITCH-STOMP in 1/4 TURN L

1&2& Heel R forward, step R together L, heel L forward, step L together R
3&4 Scuff R forward, hitch R knee, 1/4 turn to right and stomp R
5&6& Heel L forward, step L together R, heel R forward, step R together L
7&8 Scuff L forward, hitch L knee, 1/4 turn to left and stomp L

[9-16] SYNCOPATED ROCKING CHAIR R, SHUFFLE FWD, SYNCOPATED ROCKING CHAIR L, STEP, PIVOT 1/2 TURN R, STEP FWD

1& Rock step R forward, recover on L
2& Rock step R back, recover on L
3&4 Shuffle forward with RLR
5& Rock step L forward, recover on R
6& Rock step L back, recover on R
7&8 Step L forward, pivot 1/2 turn to right, step L forward

[17-24] SYNCOPATED CROSSED ROCK STEP R&L, POINT TOGETHER R&L, POINT R, TOGETHER in 1/4 TURN R, POINT L to L

1&2 Cross rock step R over L, recover on L, step R to right side
3&4 Cross rock step L over R, recover on R, step L to left side
5& Point R to right side, step R together L
6& Point L to left side, step L together R
7&8 Point R to right side, 1/4 turn to right and step R together L, point L to left side

[25-32] COASTER STEP, STEP, PIVOT 1/4 TURN L, CROSS, BACK, SIDE, MAMBO FWD in 1/4 TURN L

1&2 Step L back, step R together L, step L forward
3-4 Step R forward, pivot 1/4 turn to left
5&6 Cross step R over L, step L back, step R to right side
7&8 Rock step L forward, recover on R, 1/4 turn to left and step L forward

Restart : At the 3rd and at the 6th repetition of the dance, after the first 16 counts, restart the dance from the beginning.

ENJOY AND HAVE FUN !
NANCY & GUY

Last Update: 9 Feb 2024