

Don't Start Now

拍数: 32 墙数: 2 级数: Beginner
编舞者: Amy Christian (USA) - January 2024
音乐: Don't Start Now - Dua Lipa



Intro: 16 counts. (No Tags or Restarts).

TWISTING WITH HEEL AND TOE MAKING ½ TURN,

1-2 Place R heel forward, Touch R toe next to L as you twist 1/8 turn left,
3-8 Repeat above steps till you have completed a ½ turn, turning left, [6:00]

STEP BACK, TOUCH (CLAP) X 2, OUT-OUT, HIP ROLL,

1-4 Step back on R, Touch L next to R (Clap), Step back on L, Touch R next to L (Clap),
5-8 Step R out to right side (not forward), Step L to left side (not forward),
7-8 CCW hip roll (Start hip roll from left hip going back and around, ending with weight on L),

VINE R, VINE L (OR DO A L ROLLING VINE),

1-4 Step R to side, Step L behind R, Step R to side, Touch L next to R (Clap),
5-8 Step L to left side, Step R behind L, Step L to left side, Touch R next to L, (Option – Rolling Vine),

WALK FORWARD X 3, KICK, GO BACK X 3, TOUCH,

1-4 Walk forward R-L-R, Kick L forward,
5-8 Go back L-R-L, Touch R next to L,

Start over!

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