

Move With The Music (跟音乐动起来)

COPPER KNOB
BY STEPSHEETS

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Penny Tan (MY) - January 2024
音乐: Gen Yin Yue Dong Qi (跟音乐动起来) (DJ嗨版) - Tang Hui Me (唐慧美)



Intro 32C

SOD: Intro Dance (32C x2) Tag1 (4C) 32 Tag1 32 Tag1 32 16 Tag1 32 Tag1 32 Tag1 32 Tag1 32 32 Tag1 32 Tag1 32 Tag1 Tag2 (x2) 32 24 Ending

Tag1 (4C) : V Step

1-4 Step RF out diagonally , step LF out diagonally , step RF back to center , step LF next to RF

Intro Dance (32C) / Tag2

iSEC1: 1/2 TURN L PADDLE

1-8 1/8 turn L , step RF to R , recover on LF , 1/8 turn L , step RF to R , recover on LF , 1/8 turn L , step RF to R , recover on LF , 1/8 turn L , step RF to R , recover on LF (6:00)

iSEC2: CROSS ,RECOVER , SIDE BUMP , STEP DOWN (R-L)

1-4 Cross RF over LF , recover on L ,touch RF to R with hip bump to R , step RF down in place
5-8 Cross LF over RF ,recover on R , touch LF to L with hip bump to L ,step LF down in place

iSEC3: CROSS, SIDE, BEHIND ,SIDE ,CROSS SHUFFLE ,SIDE ROCK , RECOVER

1-4 Cross RF over LF , step LF to L ,step RF behind LF ,step LF to L
5&6 Cross RF over LF,step LF to L , cross RF over LF
7-8 Step LF to L ,recover on R

iSEC4: CROSS, SIDE, BEHIND ,SIDE ,CROSS SHUFFLE ,SIDE ROCK , RECOVER

1-4 Cross LF over RF ,step RF to R ,step LF behind RF ,step RF to R
5&6 Cross LF over RF ,step RF to R ,cross LF over RF
7-8 Step RF to R ,recover on L

Main Dance

SEC1: DIAGONALLY STEP , LOCK , STEP LOCK STEP (R-L)

1-2 Step RF diagonally fwd , lock LF nehbehind RF
3&4 Step RF fwd , lock LF behind RF ,step RF fwd
5-6 Step LF fwd diagonally , lock RF behind LF
7&8 Step LF fwd ,lock RF behind LF , step LF fwd

SEC2: KICK BALL TOUCH (R-L) , SIDE ,TOUCH (R-L)

1&2 Kick RF fwd , ball RF next to LF , touch LF back
3&4 Kick LF fwd , ball LF next to RF , touch RF back
5-6 Step RF to R , touch LF behind RF
7-8 Step LF to L ,touch RF behind LF

SEC3: SLOW DIAGONALLY CHASSE BACK , TOUCH, ¼ TURN L SLOW DIAGONALLY CHASSE BACK , TOUCH

1-4 Diagonally (body facing 1:30) , step RF back , step LF next to RF , step RF back , touch LF next to RF
5-8 ¼ turn L (body facing 10:30) , step LF back, step RF next to LF ,step LF back,touch RF next to LF

SEC4: PIVOT ¼ TURN L , CROSS SHUFFLE , SIDE ROCK ,RECOVER , BEHIND, SIDE, CROSS

1-2 Squaring back to 12:00 , step RF fwd , ¼ turn L , recover LF on L
3&4 Cross RF over LF ,step LF to L ,cross RF over LF

5-6 Rock LF to L ,recover on R
7&8 Step LF behind RF , step RF to R , cross LF over RF

Note:

*Tag1 (4C) before W1 , after W1 , W2 , W4(16C) , W5 , W6 , W7 , W9 , W10 ,W11

*^Tag2 (32C) also as Intro Dance (dance twice)

Tag2 after W11+Tag1 (dance twice)

***Restart after W4+Tag1

Last Update: 6 Jan 2024
