拍数： 32
壇数： 0
级数：Beginner Partner
编舞者：Guy Dubé（CAN）\＆Nancy Milot（CAN）－January 2024
音乐：Gone Enough－William Michael Morgan

Intro ： 16 counts．
Start in Sweetheart position，facing LOD．
［1－8］
M ：2X（WALK FWD），SHUFFLE FWD，2X（WALK FWD），SHUFFLE FWD
L：2X（1／2 TURN L），SHUFFLE FWD， 2 X （1／2 TURN R），SHUFFLE FWD
1－2 $\quad M$ ：Walk forward with RL
$L$ ： $1 / 2$ turn to left and step $R$ back， $1 / 2$ turn to left and step $L$ forward
＊＊＊On count 1，let go both $L$ hands and raise both $R$ hands over the lady＇s head．
On count 2，return in Sweetheart position．
3\＆4 M\＆L ：Shuffle forward with RLR
5－6 M ：Walk forward with LR
$L$ ： $1 / 2$ turn to right and step $L$ back， $1 / 2$ turn to right and step $R$ forward
＊＊＊On count 5 ，let go both $L$ hands and raise both $R$ hands over the lady＇s head．
On count 6，return in Sweetheart position．
7\＆8 M\＆L ：Shuffle forward with LRL
［9－16］M\＆L ： $1 / 4$ TURN L，BEHIND，SHUFFLE in $1 / 4$ TURN R，ROCK FWD，RECOVER，COASTER STEP
1－2 M\＆L ：1／4 turn to left and step $R$ to right side，cross step $L$ behind $R$
＊＊＊On count 1，let go both $L$ hands and raise both $R$ hand over the lady＇s head．
On count 2，take back the hands in a man＇s back（waist level）．
3\＆4 M\＆L ：Shuffle forward in $1 / 4$ turn to right with RLR
＊＊＊On count 3，keep both hands together in Reverse Skaters position．
5－6 M\＆L ：Rock step L forward，recover on R
7\＆8 M\＆L：Step L back，step R together L，step L forward
＊＊＊On count 7，raise both $R$ arms over the lady＇s head．
You are now back in Sweetheart position．
［17－24］H\＆F ：KICK－BALL－STEP，2X（WALK FWD），KICK－BALL－STEP，2X（WALK FWD）
1\＆2 H\＆F：Kick R forward，step R together L，step L forward
3－4 H\＆F：Walk forward with RL
5\＆6 H\＆F：Kick R forward，step R together L，step L forward
7－8 H\＆F：Walk forward with RL
［25－32］H\＆F ：ROCK FWD，RECOVER，SHUFFLE FWD，ROCK FWD，RECOVER，COASTER STEP
1－2 H\＆F：Rock step $R$ forward，recover on $L$
3\＆4 H\＆F ：Shuffle forward with RLR
5－6 H\＆F：Rock step L forward，recover on R
7\＆8 H\＆F：Step L back，step R together L，step L forward
TAG：After the 9th repetition of the dance，add this 4 counts ：
1－4 Rock step $R$ forward，recover on $L$
Rock step $R$ back，recover on $L$
ENJOY AND HAVE FUN ！
NANCY \＆GUY

