

Baby, I'm Blessed

拍数: 24 墙数: 2 级数: Intermediate
编舞者: Sarah Simmons (USA) - January 2024
音乐: Blessed - Thomas Rhett



1 restart with 4 count Tag: wall 10- 10 counts in- Complete full spin 1 1/4 to face the 12 O'clock wall/starting wall- hold
Night club 2-step

R cross step sweep, 1/8 turning jazz square ending with R crossed over L to prep for full spin turning to the R (toward left 45 (1030) corner), into L shuffle/Step lock, pivot 1/2 turn L

- &1-2 cross RF (&) over L, sweep LF (1), step L over RF (2)
- 3&4 Step back on RF (3), step LF out to L 45 (1030)(&), step RF over LF (4)prepping for full turn over R
- 5&6 Turning over R shoulder step LF 1/4(5), step RF 1/2(&) , step LF 1/4 (6) to face the same 1030 corner/or turn 360 stepping LF (can substituted spin for walk forward L R)
- 7&8& step RF next to/behind L (7), step LF forward (&), Step R forward (8), pivot over L shoulder changing weight to LF (&) (facing 430)

Triple Full turn over L shoulder, syncopated weave with rock L recover, flick, 1/8 turn syncopated weave to the R, sweep R over L to start 3/4 diamond step

- 1&2 turn 1/4 to L step RF(1), turn 1/2 step LF (&), turn 1/4 step RF(2)/or full turn over L shoulder stepping RLR (triple turn can be substituted for shuffle, RLR)***Restart + tag (Challenge: spin till the music restarts, or spin a few and hold facing the starting wall 12 o'clock)***
- &3&4 Step LF behind R(&), step RF to R side(3), Step Left over R stopping momentum into a rock(&), recover R flicking LF up at the 45 (430)(4)
- 5&6 Turn 1/8 to face 6 O'clock, step LF behind R(5), Step RF to R side(&), Step LF over R(6)
- 7-8 Sweep RF over L (7), step RF over L (8)

3/4 diamond step, backing into a back cross shuffle/lock step into turning box square x3 starting on R ending at 6 O'clock, triple full turn

- 1&2 step LF back (1), step RF to R side(&), cross LF over R(2)
- &3-4 Step back on the RF (&), bring LF back and cross over R (3), step and turn 1/4 over the R shoulder on RF leaning weight on to R (4) (facing 3 O'clock)
- 5-6 Pivot 1/4 over R shoulder stepping and leaning weight onto LF(5) (facing 9 O'clock), shift weight onto RF turning 1/4 to face 6 O'clock (6)
- 7&8 Step LF turning 1/2 over the R shoulder (7), step RF turn 1/2 (&), Step LF turn 1/4 to face new wall (8)/ or full turn over R shoulder stepping LRL to Restart stepping R

Last Update: 9 Feb 2024