

# Shallo

拍数: 32      墙数: 4      级数: Intermediate - Country  
编舞者: Antonio Manigas (IT) - January 2024  
音乐: House of Cards - Janet Devlin



\*\*\*\*RESTARTS\*\*\* After 20 counts at 3th and 8th repetition\*\*\*\*

## S1) ROCK RECOVER&STOMP L.,CROSS & CROSS,TURN ½ SHUFFLE BACK,ROCK RECOVER

- 1 – 2      Step Right To Right Side , Return To Step Left And Stomp Left
- 3 & 4      Cross Step Right Behind Left , Step Left To Side Left , Cross Step Right Over Left
- 5 & 6      Turn ½ (06:00) Back And Step Left Backward , Step Right Back Beside Left , Step Left Backward
- 7 – 8      Step Right Backward , Return To Left And Heel Left Out

## S2) TURN ½ SHUFFLE BACK R.,TURN ½ SHUFFLE L.,JAZZ BOX TURNING ¼

- 1 & 2      Turn ½ (00:00) Back And Step Right Backward , Step Left Back Beside Right , Step Right Backward
- 3 & 4      Turn ½ (06:00) FW And Step Left Forward , Step Right Beside Left , Step Left Forward
- 5 – 6      Turning ¼ (03:00)To Left Side Cross Step Right Over Left – Step Left To Side
- 7 – 8      Step Right Forward – Stomp Left Beside Right

## S3) HEEL SWITCHES,STOMP L.,ROCK RECOVER&STOMP R.,ROCK RECOVER&STOMP R.

- &1 - &2      Step Right Forward And Heel,Return To Centre,Step Left Forward And Heel,Return To Centre
- &3 – 4      Step Right Forward And Heel , Return To Centre , Stomp Left
- 5 & 6      Step Right To Right Side , Return To Left ,Stomp Right Beside Left
- 7 & 8      Step right To Right Side , Return To Left , Steomp Right Beside Left

## S4) SIDE & CROSS,WAVE L., SIDE & CROSS, STOMP R.,STOMP L.

- 1 & 2      Step Right To Right Side , Return To Left , Cross Step Right Over Left
- &3 - & 4      Step Left Diagonally Forward , Cross Step Right Behind Left , Step Left Diagonally Back , Cross Step Right Over Left
- 5 & 6      Step Left To Left Side , Return To Right , Cross Step Left Over Right
- 7 – 8      Stomp Right , Stomp Left