

No No No

拍数: 32 墙数: 4
编舞者: Shelli Blake (USA) - January 2024
音乐: No No No - Hamilton Loomis

级数: Absolute Beginner



#48 count intro, No Restarts, 1 tag,

TOE STRUT (R&L) ROCKING CHAIR

1-2 Touch R toe F, step down R foot
3-4 Touch L toe F, step down L foot
5-6 Rock F R foot, recover L foot
7-8 Rock B R foot, recover L foot

TOE STRUT (R&L) ROCK, RECOVER ¼ TURN R, TOUCH

1-2 Touch R toe F, step down R foot
3-4 Touch L toe F, step down L foot
5-6 Rock F R foot, recover L foot
7-8 Step R foot into ¼ turn R, touch L toe next to R foot

(R&L) STEP, HEEL, SNAPS (X4)

1-2 Step down L foot, step R heel out at R diagonal, snap fingers
3-4 Step down R foot, step L heel out at L diagonal, snap fingers
5-6 Step down L foot, step R heel out at R diagonal, snap fingers
7-8 Step down R foot, step L heel out at L diagonal, snap fingers

(OPTIONAL STYLING: BEND KNEES AS YOU STEP DOWN)

BEHIND, SIDE, STEP F, BRUSH, ROCKING CHAIR

1-2 Step L foot behind R foot, step R foot to R side
3-4. Step L foot in front of R foot, brush R foot F
5-6 Rock F R foot, recover L foot
7-8 Rock B R foot, recover L foot

START DANCE AGAIN

***TAG: after wall 5, there is a 4 count tag**

1-2 Step F R foot, kick L foot F
3-4 Step B L foot, touch R foot next to L