

24/7 On My Mind

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Cameron Stuart (USA) - January 2024
音乐: Tick Tock (feat. 24kGoldn) - Clean Bandit & Mabel



Intro: 16 Counts

[1-8] DIAGONAL STEP-TOUCHES, FWD LOCKSTEP, STEP 1/4 TURN, CROSS TRIPLE STEP

1&2& 1)Step forward at R diagonal with R, &)Touch L next to R, 2)Step back at L diagonal with L, &)Touch R next to L
3&4 3)Step forward on R, &)Lock L behind R, 4)Step forward on R
5-6 5)Step forward on L, 6)1/4 turn R switching weight to R
7&8 7)Cross L over R, &)Step R to R side, 8)Cross L over R

[9-16] ROCK R, RECOVER, BEHIND-SIDE-CROSS, TURN 1/4 LEFT, 1/2 BACK, COASTER STEP

1-2 1)Rock R to R side, 2)Recover on L
3&4 3)Step R behind L, &)Step L to L side, 4)Cross R over L
5-6 5)Step L to L side making a 1/4 turn to L, 6)Step back on R making 1/2 turn L
7&8 7)Step back on L, &)Step R next to L, 8)Step forward on L

[17-24] MAMBO STEP, TOE BACK, 1/2 PIVOT, WALK X2, OUT-OUT-&-CROSS

1&2 1)Rock forward on R, &)Recover on L, 2)Step back on R
3-4 3)Touch L toe back, 4)1/2 pivot L switching weight to L
5-6 5)Walk R, 6)Walk L
7&8& 7)Step out with R, &)Step out with L, 8)Step to center with R, &)Cross L over R

[25-32] 3/4 WALK AROUND, MAMBO STEP, COASTER STEP

1-2 1)Step R to R side making 1/4 turn R, 2)Step forward on L making 1/4 turn R
3-4 3)Step forward on R making 1/4 turn R, 4)Step forward on L
5&6 5)Rock forward on R, &)Recover on L, 6)Step back on R
7&8 7)Step back on L, &)Step R next to L, 8)Step forward on L

Tag 1: 16 Counts

HAPPENS AFTER WALL 1 AND AFTER 16 COUNTS OF WALL 6

[1-8] ROCK-RECOVER-CROSS X2, PIVOT 1/2 TURN X2

1&2 1)Rock R to R side, &)Recover on L, 2)Cross R over L
3&4 3)Rock L to L side, &)Recover on R, 4)Cross L over R
5-6 5)Step forward on R, 6)1/2 pivot L switching weight to L
7-8 7)Step forward on R, 8)1/2 pivot L switching weight to L

[9-16] MAMBO STEP, COASTER STEP, V-STEP

1&2 1)Rock forward on R, &)Recover on L, 2)Step back on R
3&4 3)Step back on L, &)Step R next to L, 4)Step forward on L
5-6 5)Step out to R diagonal with R, 6)Step out to L diagonal with L
7-8 7)Step to center with R, 8)Step to center with L

Tag 2: 4 Counts

HAPPENS AFTER 16 COUNTS OF WALL 3

[1-4] V-STEP

1-2 1)Step out to R diagonal with R, 2)Step out to L diagonal with L
3-4 3)Step to center with R, 4)Step to center with L

1 RESTART AFTER 16 COUNTS OF WALL 7

