

Whistle Trend

拍数: 64 墙数: 4 级数: Improver - Cha Cha
编舞者: Hee Yon Kim (KOR) - January 2024
音乐: ATINGE - Tio Laulaka



SEC1 FWD CHA CHA, BACK CHA CHA

2-3 Rf back, Recover Lf
4&5 Rf to R side , Lf next to Rf, Rf to R side
6-7 Lf Fwd, Recover Rf
8&1 Lf to L side , Rf next to Lf , Lf to L side

SEC2 BACK CHACHA FWD LOCK STEP Side mambo

2-3 Rf back ,Recover Lf
4&5 Rf Rock Fwd , Lf Behind Rf, Rf Rock Fwd
6&7 Rock Lf to L side , Recover on R, step L together.
8&1 Rock Rf to R side, Recover on L , Step R together

SEC3 Lf Cross over Rf, Sweep Lf From front to back, Sailor step ,Rf back , sweep Rf From back to front ,Rf Cross Behind Lf to L side, Rf to R side

2-3 Lf Cross over Rf, Sweep Lf From front to back
4&5 Lf Cross Behind Rf , Rf to R side, Lf to L side
6-7 Rf back , sweep Rf From back to front
8&1 Rf Cross Behind Lf to L side, Rf to R side

SEC4 FWD LOCK STEP

2-3 Lf Rock Fwd, Rf Behind Lf
4-5 Rf Rock Fwd , Lf Behind Rf,
6& 7& Lf Rock Fwd, Rf Behind Lf, Lf Rock Fwd, Rf Behind Lf
8&1 Lf Rock Fwd, Rf Behind Lf, Lf Rock Fwd,

SEC5 Rf kick , Rfto R side, Lf to L side point , Hip rotation conter clockwise, 1/4 R Lf Rock Fwd , Recover Rf, Chasse L,

2&3 diagonal Rf kick , Rf to R side,Recover on Lf,
4- 5 Hip rotation conter clock wise (4&5)
6-7 1/4 R Lf Rock Fwd , Recover Rf
8&1 Lf to L side, Rf next to L, Lf to L side

SEC6 1/4 L Rf Rock Fwd , Recover Lf , Lf next to R, turn 1/8 R Rf to R side With Lf flick , Lf cross over Rf, Recover Rf with weight 1/4 L Chasse L,

2-3 1/4 L Rf Rock Fwd , Recover Lf
4&5 Rf to R side, Lf next to R, Turn 1/8R Rf to R side With Lf flick
6-7 Lf cross over Rf, Recover Rf with weight
8&1 stepping Turn 1/8L Lf to L side, Rf next to L, Turn 1/4 L Lf to L side (9:00)

SEC7 Rf to R side, Lf next to R , Chasse R, Rf next to L, Chasse L, Rf in place Lf next to R, Rf to R side , Chasse R

2-3 Rf to R side, Lf next to R
4&5 Rf to R side, Lf next to R, Rf to R side
6-7 Lf in place Rf next to L,
8&1 Lf to L side, Rf next to L, Lf to L side

SEC8 SYNCOPATED TIME STEP, RF rock Fwd , Pivot 1/2 turn L with slightly bending down , L hips counter clockwise

2&3 Rf beside Lf , Lf in place, Rf to R side
4&5 LF beside Rf , Rf in place, Lf to L side
6-7 RF rock Fwd , Pivot 1/2 turn L with slightly bending down ,
8&1 stand up on your left knee and rotate your hips counter clock wise (8&1)

☐☐Happy new year ☐☐☐ Heal with happy dance in 2024☐☐☐

Last Upadte - 31 Dec 2023
