

Oh Bae!

拍数: 32 墙数: 4 级数: Improver
编舞者: Michelle Wright (USA) - December 2023
音乐: Hey Hey Oh Bae - Smith & Thell



NO TAGS OR RESTARTS

Dance starts 16 counts in on the start of the lyrics

Section 1: Walk R,L, R Mambo step, Walk back LR, L Diagonal mambo cross

1,2 Step R forward, Step L forward
3&4 Rock R forward, Recover on L, Step R back
5,6 Step L back, Step R back
7&8 Rock L back to back diagonal, Recover on R, Cross L over R

Section 2: R&L side rock cross, Out, Out, Coaster

1&2 Rock R to R side, Recover on L, Cross R over L
3&4 Rock L to L side, Recover on R, Cross L over R
5,6 Step R into R forward diagonal, Step L into L forward diagonal
7&8 Step R back, Step L next to R, Step R forward

Section 3: Rock, Recover, ¾ turning shuffle, Rock, Recover, Coaster

1,2 Rock L forward, Recover on R
3&4 ½ turn L stepping L forward, Step R next to L, ¼ turn L stepping L forward
5,6 Rock R forward, Recover on L
7&8 Step R back, Step L next to R, Step R forward

Section 4: L&R samba rocks, ½ pivot, mambo together

1&2 Cross L over R and slightly forward, Rock ball of R to R side, Recover on L
3&4 Cross R over L and slightly forward, Rock ball of L to L side, Recover on R
5,6 Step L forward, ½ pivot R weight on R
7&8 Rock L forward, Recover on R, Step L next to R and slightly push hips back

End of dance

Any questions email Michellelinedance@gmail.com

Last Update: 2 Jan 2024