

Dance Alone

拍数: 32 墙数: 3 级数: Improver
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音乐: Dance Alone - Preston Pablo



Intro : 16 Counts

S.I => WHISK R – L , SIDE , BEHIND , SIDE , CROSS SHUFFLE

1a2 Rock Right to side - step Left behind right – recover on right
3a4 Rock left to side - step right behind left – recover on left
5&6 Step Right to side - step Left behind right – Step Right to side
7&8 Cross Left over Right – step Right to side – cross left over Right

S.II => MAMBO SIDE R-L , CRISS - CROSS

1&2 Rock Right to side – recover on Left – close left beside right
3&4 Rock left to side – recover on right – close right beside left
5a6 Cross Right over Left – step Left to side – cross right over left
7a8 turn ½ left Crossing left over right – step right to side – cross left over right

#RESTART AFTER 16 COUNT (ON WALL 3 & ON WALL 6)

S.III => ROCKING CHAIR , BOTAFOGO , ROCKING CHAIR , BOTAFOGO

1&2& Rock Right forward – recover on Left – Rock right back – recover on left
3a4 Cross Right over left – step left to side – recover on right
5&6& Rock left forward – recover on right – Rock left back – recover on right
7a8 Cross left over right – step right to side – recover on left

S.IV => DIAMOND ¼ RIGHT , PEDDLE TURN ¾ LEFT , TURN ½ L , SWAY ROLL

1a2 Cross Right over left – turn ¼R step left to side - step Right back with Lift left
3a4 Step Left back – turn ¼R stepping Right to side – step left forward
56 turn ¼ L Taping Right to side - turn ¼L Taping Right to side
78 turn ½L sway Right to side – recover on left

Last Update: 15 Jan 2024