

You Girl

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Improver
编舞者: Sandie Witmer (USA) - December 2023
音乐: U Gurl - Walker Hayes



Intro: 16 Counts

Section 1: Jazz Box Dip with Chasse RL

1-2 Right sweeping step over left, dipping down slightly (1), step back on left (2)
3&4 Step wide right to side right, step left next to right, step side right
5-6 Left sweeping step over right, dipping down slightly (5), step back on right (6)
7&8 Step wide left to side left, step right next to left, step side left

Section 2: Sweep ¼ Turn L, Shuffle Back, Rock Recover Twist, Shuffle ½ Turn Left

1-2 Right sweeping step over left, turning ¼ left (9:00) (1), flick left foot and slap L with right hand (2)
3&4 Step back left, step right next to left, step back left
5-6 Rock back on right while twisting upper body to right (twist both arms right at waist level), recover left, twisting upper body and arms to left (9:00)
7&8 Step right to left side turning ½ turn left, step left back (&), step right back (3:00)

Section 3: Coaster L, Step Twist Heels RC and Kick, Rock Recover Twist RL with Knee Pop

1&2 Step back left, step right beside left, step forward left
3-4 Step forward right, twist heels right
5-6 Twist heels back to center (weight on left), kick right foot forward
7-8 Rock back on right while twisting upper body to right (twist both arms right at waist level) and popping left knee forward (7), recover on left while twisting body and arms back to forward position (8)

Section 4: Big ¼ Turn R, Diagonal Shuffle Forward LRL, Step Back R, Side L, Across R, Side L

1-2 Turn ¼ right taking a big step side right, slide left to right
3&4 Step left forward diagonally left (11:00), step right next to left, step left in front of right
5-6 Step straight back on right, step left to side left
7-8 Step right across left, step left to side left

Section 5: Pivot 1/4 Turn L with Hip Bump R X 4

1-2 Step forward on right foot, turn 1/4 turn left on left foot, bumping right hip out to right (9:00)
3-8 Repeat steps 1-2 3 times (12:00)

Section 6: Vine R ¼ Turn R, Step Left, Flick R Behind L with Heel Slap, Step Back R, Shuffle ½ Turn LRL

1-4 Step right to side right, step left behind right, turn ¼ right and step on right, step forward left (3:00)
5-6 Flick right behind left and slap right heel with left hand, step back on right
7&8 Step back on left, turning 1/2 left (7), step slight forward right (&), step slight forward left (8) (9:00)

End of Dance (EOD)

No tags, No restarts slight

Alternate Music:

Oh What A Thrill by The Mavericks

Last Night by Morgan Wallen

I Need to Know by Marc Anthony

Perhaps Perhaps Perhaps by Doris Day
Represent by Orishas
Straight to Number One by Andy Fortuna
Havana by Camila Cabello or Havana Remix by Camila Cabello and Daddy Yankee
Natural by Breland
Lonely Drum by Aaron Goodvin

Thank You switmer57@gmail.com
YouTube - Dance Tribe Line Dancers
