

I Feel Like Dancing

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Improver
编舞者: Tracey Fiorini (CAN) & Sue Ferguson (CAN) - December 2023
音乐: I Feel Like Dancing - Jason Mraz



1 Tag on 8th rotation after 30 counts – freeze for 4 beats
Dance starts 16 beats after music begins

[1-8] Syncopated Cross Rock, Side Rock, Cross Rock, Side Rock, Weave and Heel

1&2&3&4 Cross rock R over L, recover L, rock R to side, recover L, Cross rock R over L, recover L, step R to side (syncopated)
5,6,7,&8 Cross L over R, step R side, cross L behind R, step R to side, and heel L forward

[9-16] Step L, Cross, ¼ Pivot R, ½ Pivot R, Step Together, Step Coaster Step

1,2,3&4 Step L together, cross R over L, ¼ turn R, step L, ½ turn R, step R forward, step L beside R, step R forward
5,6,7&8 Rock forward I, recover R, step back L, step back R, step forward L

[17-24] ¼ Jazz, ¼ Jazz

1,2,3,4 Cross R over L, ¼ turn R, step back L, step R to side, recover L
5,6,7,8 Cross R over L, ¼ turn R, step back L, step R to side, recover L

[25-32] Point R, Recover, Point L, Recover, Point R, Recover, Point L, Recover, Slide L, Hold, Bump, Bump

1&2&3&4 Touch R toe forward diagonally towards L, step R together, touch L toe forward diagonally towards R, step L together, touch R toe forward diagonally towards L, step R together, touch L toe forward diagonally towards R, step L together (syncopated)
5,6,7&8 Big step (slide) L to left side, drag R, hold, bump R, bump L