

Better When I'm Dancing

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: ChiChi (INA) - December 2023
音乐: Better When I'm Dancin' - Meghan Trainor



Intro : 16 Counts - No Tag
Restart (On wall 4 after 16 Counts)

Section I : R LINDY, L LINDY

1&2 Step R to R side (1) step L next to R (&) Step R to R side (2)
3 - 4 L Cross behind R (3) Recover on R (4)
5&6 Step L to L side (5) Step R next to L (&) Step L to L side (6)
7 - 8 R Cross behind L (7) Recover on L (8)

Section II : DIAGONAL RL LUNGES, KICK BALL STEP, SWAY RL

1 - 2 Big step diagonal R (1) Touch L next to R (2)
3 - 4 Big step diagonal L (3) Touch R next to L (4)
5 & 6 Kick R forward (5) Step R next to L (&) Step L next to R (6)
7 - 8 Hip Bump R (7) Hip Bump L (8)

***RESTART HERE ON WALL 4 (3 o'clock)**

Section III : GRAPEVINE POINT ,ROLLING VINE

1 - 2 Step R to right side (1) , L cross behind R (2)
3 - 4. Step R to right side (3) L point side (4)
5 - 6 ¼ turn left & L step forward (5) ½ turn left & R step back (6) (3:00)
7 - 8 ¼ turn left & L step side (7) Point R side (8) (12:00)

***(Option : 5-8 for easy step *change the step with Grapevine to the left side)**

5 - 6 Step L to left side (5) R cross behind L (6)
7 - 8. Step L to left Side (7) R point side (8)

Section IV : SIDE POINT RL , TURN 1/4 SIDE POINT RL

1 - 2 Step R to Side with Hip roll to right (1) L Point side (2)
3 - 4. Step L to side with Hip roll to left (3) R Point side (4)
5 - 6 1/4 turn to Left Step R to side with Hip roll to right (5) L point side (6) (9:00)
7 - 8 Step L to side with Hip roll to left (7) L point side (8)

Enjoyed The Dance

Last Update: 24 Dec 2023