

# My Bar

COPPERKNOB  
STEPSHEETS

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Jason Messer (USA) - December 2023  
音乐: My Bar (VAVO Remix) - Priscilla Block & VAVO



## NO TAGS OR RESTARTS

INTRO: 44 Counts (start dance with vocals "Don't come walking in like you own it" )

### [01-08] SIDE ROCK RECOVER, BEHIND SIDE CROSS, SIDESTEP, HOLD, BALL STEP, SIDESTEP, HOLD

1,2            Side rock RF to Right (1), Recover on LF (2)  
3&4           Step RF behind LF (3), Step LF Left (&), Step RF across LF (4)  
5,6&          Step LF Left (5), Hold (6), Ball step RF next to LF (&)  
7,8            Step LF Left (7), Hold (8)

STYLING: Body roll counts 5-6 and counts 7-8

### [09-16] CROSS ROCK RECOVER, SHUFFLE 1/4 TURN R, ROCK RECOVER, BALL STEP, STEP RF BACK 1/4 TURN R, HOOK

1,2            Cross rock RF over LF (1), Recover on LF (2)  
3&4           Step RF Right (3), Step LF next to RF (&), Step RF 1/4 turn Right (4) [3:00]  
5,6&          Rock forward on LF (5), Recover on RF (6), Ball step LF next to RF (&)  
7,8            Step RF back 1/4 turn Right (7) [6:00], Hook LF over Right Shin (8)

### [17-24] STEP LF FWD, TURN 1/2 L, COASTER STEP, KICK & POINT X2

1,2            Step LF 1/4 turn Left (1) [3:00], On LF, spin 1/2 turn Left and land backwards on RF (2) [9:00]  
3&4           Step LF back (3), Step RF next to LF (&), Step LF forward (4)  
5&6           Kick RF forward (5), Step RF next to LF (&), Touch LF Left (6)  
7&8           Kick LF forward (7), Step LF next to RF (&), Touch RF Right (8)

### [25-32] ROCK RECOVER, SHUFFLE 1/2 TURN R, PIVOT TURN 1/2 R, TRIPPLE FWD

1,2            Rock forward on RF (1), Recover on LF (2)  
3&4           Step RF back 1/4 turn Right (3) [12:00], Step LF next to RF (&), Step RF 1/4 turn Right (4) [3:00]  
5,6            Step LF forward (5), Pivot 1/2 turn Right (6) [9:00]  
7&8           Step LF forward (7), Step RF next to LF (&), Step LF forward (8)

### [33-40] SIDE ROCK RECOVER, CROSS SHUFFLE, SIDE ROCK RECOVER, CROSS SHUFFLE

1,2            Side rock RF to Right (1), Recover on LF (2)  
3&4           Step RF across LF (3), Step LF to Left (&), Step RF across LF (4)  
5,6            Side rock LF to Left (5), Recover on RF (6)  
7&8           Step LF across RF (7), Step RF to Right (&), Step LF across RF (8)

### [41-48] 1/2 BOX TURN INTO SIDE SHUFFLE, CROSS RECOVER, SIDE SHUFFLE

1,2            Step RF to Right (1), Pivot on RF 1/4 Turn Left and step LF to Left (2) [6:00]  
3&4           Pivot on LF 1/4 Turn Left and step RF to Right (3) [3:00], Step LF next to RF (&), Step RF to Right (4)  
5,6            Cross rock LF over RF (5), Recover on RF (6)  
7&8           Step LF to Left (7), Step RF next to LF (&), Step LF to Left (8)

### [49-56] JAZZ BOX WITH 1/4 TURN R, DIAGONAL STEP TOUCHES X2

1,2            Step RF across LF (1), Step Back on LF (2)  
3,4            Step RF 1/4 turn Right (3) [6:00], Step LF forward (4)  
5,6            Step RF diagonally forward (5), Touch LF next to RF (6)  
7,8            Step LF diagonally forward (7), Touch RF next to LF (8)

**[57-64] ROCK RECOVER X2, SIDE ROCK RECOVER, BEHIND SIDE CROSS**

- 1,2&      Rock forward on RF (1), Recover on LF (2), Ball step RF next to LF (&)
  - 3,4      Rock forward on LF (3), Recover on RF (4)
  - 5,6      Side Rock LF to Left (5), Recover on RF (6)
  - 7&8      Step LF behind RF (7), Step RF to Right (&), Step LF across RF (8)
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