Without Love



拍数: 48

墙数: 4

级数: Easy Intermediate

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音乐: Long Train Runnin' - The Doobie Brothers



Intro: 16 counts

I. SIDE - TOGETHER, FORWARD SHUFFLE

- 1,2 Step RF to R, Step LF together
- 3&4 Step RF forward, step LF together, step RF forward.
- 5,6 Step LF to L, step RF together
- 7&8 Step LF forward, step RF together, step LF forward.

II. ROCK FORWARD, 1/2 TURN R SHUFFLE, 1/4 TURN R CHASSE, ROCK BACK

- 1,2 Rock RF forward, recover on LF
- 3&4 Turn 1/4 R step RF to R, step LF beside RF, Turn 1/4 R step RF forward.
- 5&6 Turn 1/4 R step LF to L, step RF beside LF, step LF to L
- 7,8 Rock RF back, recover on LF.
- (Restart here on Wall 2)

III. KICK FORWARD, KICK SIDE, COASTER STEP (REVERSE)

- 1,2 Kick RF forward, kick RF to R
- 3&4 Step RF back, step LF beside RF, step RF forward.
- 5,6 Kick LF forward, kick LF to L
- 7&8 Step LF back, step RF beside LF, step LF forward.

IV. HIP BUMP, 1/2 TURN L HIP BUMP. (2X)

- 1&2 Touch RF forward and hip bump to R-L, step RF in place
- 3&4 1/2 turn L touch LF forward hip bump to L-R, step LF in place
- 5&6 Touch RF forward and hip bump to R-L, step RF in place
- 7&8 1/2 turn L touch LF forward and hip bump to L-R, step LF in place.

V. OUT-OUT IN-IN, PIVOT 1/2 TURN L, WALK FORWARD

- 1,2 Step RF forward diagonal R, step LF forward diagonal L
- 3,4 Step RF back in place, step LF beside RF.
- 5,6 Step RF forward, 1/2 turn L weight on LF
- 7,8 step RF forward, step LF forward.
- (Tag & Restart after this count on wall 7)

(Optional on 7,8 : 1/2 turn L back on RF, 1/2 turn L forward on LF)

VI. SIDE ROCK, BEHIND-SIDE- CROSS (REVERSE)

- 1,2 Rock RF to R, recover on LF
- 3&4 Crosa RF behind LF, step LF to L, cross RF over LF.
- 5,6 Rock LF to L, recover on RF
- 7&8 Cross LF behind RF, step RF to R, cross LF over RF.

Ending on wall 10 after 16 count : pivot 1/2 L.

Restart on wall 2 after 16 count. (12.00 o'clock)

Tag & Restart on wall 7 after 40 count. (3.00 o'clock) Tag (9c) : Unwind full turn, side mambo, touch hold.

1-4 Cross RF over LF, full turn to L rotate for a count of 3.