

December

拍数: 64 墙数: 2 级数: Low Intermediate
编舞者: Montserrat Soler (ES) - December 2023
音乐: On Again, Off Again - Tracy Byrd : (Album: I'm From The Country)



Start dancing on lyrics

Sect. 1 – (R) SWEEP, CROSS, (L) SWEEP, CROSS, (R) STEP LOCK STEP BACKWARDS, HOLD

1-2 Sweep right forward, cross right over left
3-4 Sweep left forward, cross left over right
5-6 Step right back, lock left over
7-8 Step right back, hold

Sect. 2 - (L) SWEEP, CROSS, (R) SWEEP, CROSS, (L) STEP LOCK STEP FORWARD, HOLD

1-2 Sweep left back, cross left behind right
3-4 Sweep right back, cross right behind left
5-6 Step left forward, lock right behind
7-8 Step left forward, hold

• Restart here on the 3rd wall (12:00)

Sect. 3 – (R) JAZZBOX & CROSS, (R) SCISSOR STEP, HOLD

1-2 Cross right over left, step left diagonally back
3-4 Step right side, cross left over right
5-6 Step right side, step left near right
7-8 Cross right over left, hold

Sect. 4 – (L) SCISSOR STEP, HOLD, (R) SIDE, (L) SLIDE, (L) STOMP, HOLD

1-2 Step left side, step right near left
3-4 Cross left over right, hold
5-6 Step right side, drag left towards right
7-8 Stomp left together, hold

• Restart here on the 6th wall (12:00)

Sect. 5 – (R) ROCKING CHAIR, SKATE FORWARD (R & L)

1-2 Rock right forward, recover on left
3-4 Rock right back, recover on left
5-6 Skate right diagonally forward, touch left next to right
7-8 Skate left diagonally forward, touch right next to left

Sect. 6 – (R) ROCKING CHAIR, DIAGONAL SLIDES BACKWARDS (R & L)

1-2 Rock right forward, recover on left
3-4 Rock right back, recover on left
5-6 Slide right diagonally back, drag left towards right
7-8 Slide left diagonally back, drag right towards left

Sect. 7 – (R) GRAPEVINE ½ TURN RIGHT, (L) GRAPEVINE

1-2 Step right side, cross left behind
3-4 Turn ¼ right and step right forward, turn ¼ right and scuff left forward (6:00)
5-6 Step left side, cross right behind
7-8 Step left side, scuff right forward

• Restart here on the 4th wall (6:00)

Sect. 8 – (R) ROCK FWD, (R) STEP BACK, HOLD, (L) COASTER STEP, (R) SCUFF

1-2 Rock right forward, recover on left
3-4 Step right back, hold
5-6 Step left back, step right together
7-8 Step left forward, scuff right forward

START AGAIN

SEQUENCE: 1 (64) - 2 (64) - 3 (16) - 4 (56) - 5 (64) - 6 (32) - 7 (64) - 8 (24 + FINAL)

FINAL: On the 8th wall, dance till count 24 and:

Rock left side, recover on right, turn ½ left and step left forward (12:00)
