

# The Fire Inside

拍数: 48      墙数: 2      级数: Intermediate  
编舞者: Ira Barie (INA) - December 2023  
音乐: The Fire Inside (From The Original Motion Picture "Flamin' Hot") - Becky G.



## I. BOTAFOGO L, CROSS, SIDE, ½ TURN R, SIDE, CROSS, SIDE, TOUCH, TOGETHER, CROSS, SIDE, TOUCH

1&2      Cross LF over RF, step RF to side, step LF in place  
3&4      Cross RF over LF, ¼ turn L stepping LF backward, ¼ turn R stepping RF to side  
5&6&      Cross LF over RF, step RF to side, point on LF diagonally forward, step LF together RF  
7&8&      Cross RF over LF, step LF to side, point on RF diagonally forward, step RF together LF (6 o'clock)

## II. CROSS, HOLD, CROSS SHUFFLE, ½ R DIAMOND

12&      Cross LF over RF, hold, step RF to side  
3&4      Cross LF over RF, step RF to side, cross LF over RF (body angle 7.30)  
5&6      Cross RF over LF, 1/8 turn R stepping LF to side, step RF backward  
7&8      Step LF backward, 1/8 turn R stepping RF to side, ¼ turn R stepping LF forward (1.30 o'clock)

## III. BACKWARD, HOLD, TOGETHER, WALK, WALK, WALK, LOCK, WALK, WALK, MAMBO FWD R

12&      Take a big step RF backward, hold, step LF together RF  
34&      Step RF forward, step LF forward, step RF forward  
5&6      Step LF behind RF, step RF forward, step LF forward  
7&8      Step RF forward, step LF in place, step RF backward (1.30 o'clock)

## IV. MAMBO BACKWARD L, 1/8 TURN L MAMBO CROSS, FORWARD ½ TURN R, FORWARD ¼ TURN R

1&2      Step LF backward, step RF in place, step LF forward  
3&4      ¼ turn L stepping RF to side, step LF in place, step RF cross over LF  
5-6      Step LF forward, ½ turn R (weight on RF) (6 o'clock)  
7-8      Step LF forward, ¼ turn R (weight on RF) (9 o'clock)

## V. SYNCOPATED BASIC MAMBO L, SYNCOPATED BASIC MAMBO R

1&2&      Step LF forward, step RF in place, step LF backward, step RF in place  
3&4      Step LF to side, step RF in place, step LF beside RF  
5&6&      Step RF forward, step LF in place, step RF backward, step LF in place  
7&8      Step RF to side, step LF in place, step RF forward

## VI. FORWARD, RECOVER, ½ TURN L, ½ TURN L, BACK SHUFFLE, COASTER STEP, FORWARD SHUFFLE

1&2      Step LF forward, recover on RF, ½ turn L stepping LF forward  
3&4      ½ turn L stepping RF backward, step LF beside RF, step RF backward  
5&6      Step LF backward, step RF beside LF, step LF forward  
7&8      Step RF forward, step LF beside RF, step LF forward

Note : to continue the next wall, do ¼ turn L

Enjoy the dance ☐