

Country'd Up

COPPER KNOB
BY EPOCHS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Myra Harrold (SCO) - December 2023
音乐: Dive Bar - Willie Jones & Ben Burgess



INTRO:16 COUNTS FROM HEAVY BEAT. 1 TAG,NO RESTARTS

SECT:1. 2 X DOROTHY STEPS,ROCK,BALL,TOE BACK,TURN ½

1,2&3,4&. RF FWD DIAG R,LOCK LF BEHIND RF,RF FWD DIAG R,LF FWD DIAG L,LOCK RF BEHIND LF,LF FWD DIAG L (12)

5,6&7,8 ROCK RF FWD,LF BACK (op@on for body roll) CLOSE RF TO LF,POINT L TOE BACK,TURN ½ L,TRANSFER WEIGHT TO LF (6)

SECT:2. ¼ SCISSOR STEP,FEET TOGETHER,CROSS,ROCK R,ROCK FWD,PONY STEPS BACK

1&2&3,4. ROCK RF FWD,TURN ¼ L,LF TO L,CROSS RF OVER LF ,LF TO L,CLOSE RF TO LF(NOW FACING DIAG R)CROSS LF OVER RF. (4.30)

5&6&,7&8&. ROCK RF TO R SIDE,RECOVER TO LF (straightening up to 3 o clock)ROCK RF FWD,RECOVER TO LF,RF BACK HITCHING L,LF TO FRONT OF RF,RF BACK HITCHING LF,LF TO FRONT OF RF (3)

SECT:3. BACK,SWEEP,BACK SWEEP,BACK,KNEE POP,STEP LOCK FWD,FWD,1/2 CHASE TURN

1,2,3,4. RF BACK,SWEEP LF,LF BACK,SWEEP RF,RF BACK POPPING L KNEE,WEIGHT TO LF (3)

5&6,7&8. RF FWD,LOCK LF BEHIND RF,RF FWD,LF FWD,PIVOT ½ R,WEIGHT TO RF,LF FWD (9)

TAG HERE WALL 4

SECT:4. FULL TURN,KICK & POINTS,1/2 MONTERAY,KNEE POP(shrug shoulders)

1,2,3&4. PIVOT ½ L,RF BACK,PIVOT ½ L,LF FWD,RF KICK,BALL,POINT L (9)

&5,6,7&8. CLOSE LF TO RF,POINT R,PIVOT ½ R BRINGING RF TO LF,STEP LF TO L PUTTING WEIGHT ON BOTH FEET,POP BOTH KNEES FWD SLIGHTLY DIAG LF TO L & RF TO R (9)

TAG: 24 COUNTS – ON WALL 4 AFTER 24 COUNTS. FACING 6 O.CLOCK

CAMEL WALKS,ROCKING CHAIR X 2,CROSS WALKS & ROCK X 2,FULL DIAMOND FALLAWAY

1,2,3&4&5,6,7&8& CAMEL WALKS FWD RF,LF,R ROCKING CHAIR,REPEAT THESE STEPS
2

1,2,3&4,5,6,7&8. RF OVER LF,LF TO L,RF OVER LF,ROCK LF TO L,RECOVER TO RF,LF OVER RF,RF TO R,LF OVER RF,ROCK RF TO R,RECOVER TO LF

1&2,3&4,5&6,7&8. RF OVER LF,LF BACK,RF TO R,(TURNING ¼ R)LF BEHIND RF,RF TO R,LF FWD (TURNING ¼ R)(NOW AT 12 O.CLOCK) REPEAT THESE STEPS TO BRING YOU BACK TO 6 O.CLOCK