

Ain't Nothing Sweeter

COPPER **NOB**
STEPSHEETS

拍数: 40 墙数: 4 级数: Improver
编舞者: Rebecca Rader (USA) - December 2023
音乐: Georgia Peaches - Lauren Alaina



Dance starts on vocals (after 24 counts)

Toe Heels, Stomps, Hip Roll

- 1 - 2 - right toe step forward, push heel down
- 3 - 4 - left toe step forward, push heel down
- 5 - 6 - stomp right foot, stomp left foot
- 7 - 8 - rotate hips counter-clockwise once

Cross Rock, Spin, Cross Rock, ¼ Turn

- 1 - 2 - right foot rocks over left foot, recover on left foot
- 3 - 4 - using your right foot step to the right side into a full turn to the right
- 5 - 6 - left foot rocks over right foot, recover on right foot
- 7 - 8 - using your left foot step to the left side and ¼ turn to the left, keep your weight on the left foot and right foot behind

Shuffles, Forward Rock, Coaster Step

- 1 - 2 - shuffle forward on the right foot
- 3 - 4 - shuffle forward on the left foot
- 5 - 6 - rock forward on right foot, recover on left foot
- 7 & 8 - coaster step with right foot (right foot steps back, left foot steps back, right foot steps forward)

Hip Rolls

- 1 - 4 - step left toe forward with knee bent and roll hips 2x counterclockwise
- 5 - 8 - step right toe forward with knee bent and roll hips 2x clockwise

Grapevines

- 1 - 4 - grapevine to the right (right foot step to the side, left foot step behind, right foot step to the side, left foot step together)
- 5 - 8 - grapevine to the left (left foot step to the side, right foot step behind, left foot step to the side, right foot step together)

Repeat! No tags or restarts!

Contact: bccountrygirl9796@gmail.com

Feel free to reach out with any questions! Have fun and happy dancing!

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