Ain't Nothing Sweeter



拍数: 40 **墙数**: 4 **级数**: Improver

编舞者: Rebecca Rader (USA) - December 2023

音乐: Georgia Peaches - Lauren Alaina



Dance starts on vocals (after 24 counts)

Toe Heels, Stomps, Hip Roll

1 - 2 - right toe step forward, push heel down
3 - 4 - left toe step forward, push heel down
5 - 6 - stomp right foot, stomp left foot
7 - 8 - rotate hips counter-clockwise once

Cross Rock, Spin, Cross Rock, 1/4 Turn

- 1 2 right foot rocks over left foot, recover on left foot
- 3 4 using your right foot step to the right side into a full turn to the right
- 5 6 left foot rocks over right foot, recover on right foot
- 7-8- using your left foot step to the left side and $\frac{1}{4}$ turn to the left, keep your weight on the left foot and right foot behind

Shuffles, Forward Rock, Coaster Step

- 1 2 shuffle forward on the right foot 3 4 shuffle forward on the left foot
- 5 6 rock forward on right foot, recover on left foot
- 7 & 8 coaster step with right foot (right foot steps back, left foot steps back, right foot steps forward)

Hip Rolls

1 – 4 – step left toe forward with knee bent and roll hips 2x counterclockwise 5 – 8 – step right toe forward with knee bent and roll hips 2x clockwise

Grapevines

- 1 4 grapevine to the right (right foot step to the side, left foot step behind, right foot step to the
 - side, left foot step together)
- 5 8 grapevine to the left (left foot step to the side, right foot step behind, left foot step to the side,

right foot step together)

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Contact: bccountrygirl9796@gmail.com

Feel free to reach out with any questions! Have fun and happy dancing! □

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