

Better When I'm Dancing

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Ann-Kristin Bekkeli-Sandvold (NOR) - December 2023
音乐: Better When I'm Dancin' - Meghan Trainor



Restarts : 1 (wall 4 after 16 counts)

Start the dance after 16 counts

Section 1 (1-8): Rocking chair, ½ left pivot, right shuffle forward

1-2 Rock forward on RF (1), recover onto LF (2)
3-4 Rock back on RF (3), recover onto LF (4)
5-6 Step forward on RF (5), 1/2 turn left when stepping forward onto LF (6)
7&8 Step forward on RF (7), step on LF beside RF (&), step forward on RF (8)

Section 2 (9-16): Rocking chair, ½ right pivot, left shuffle forward

1-2 Rock forward on LF (1), recover onto RF (2)
3-4 Rock back on LF (3), recover onto RF (4)
5-6 Step forward on LF (5), 1/2 turn right when stepping forward onto RF (6)
7&8 Step forward on LF (7), step on RF beside LF (&), step forward on LF (8)

*Restart here in wall 4

Section 3 (17-24): Right side-rock, cross shuffle, left side-rock, cross shuffle

1-2 Rock RF to right side(1), recover onto LF (2)
3&4 Cross RF over LF(3), step LF to left side(&), cross RF over LF (4)
5-6 Rock LF to left side(6), recover onto RF (6)
7&8 Cross LF over RF(7), step RF to right side(&), cross LF over RF(8)

Section 4 (25-32): Right vine with touch, left vine with ¼ turn left

1-2 Step RF to right(1), cross LF behind RF(2)
3-4 Step RF to right(3), touch LF next to RF(4)
5-6 Step LF to left(5), cross RF behind LF(6)
7-8 Turn ¼ to left and step forward on LF(7), touch RF next to LF(8)

Option; count 5-8 Rolling vine left with ¼ turn left

5-6 Turn ¼ left when stepping forward onto LF(5), turn ½ left when stepping RF back (6)
7-8 Turn ¼ left when stepping LF forward (7), touch RF next to LF (8)

Restart: in wall 4 after 16 counts

We hope you'll enjoy it! And please take care and stay safe ☐

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Last Update - 15 Dec. 2023 - R1