

Sloan's Shuffle

拍数: 16 墙数: 4 级数: Beginner
编舞者: Maggie Stevenson (SCO) - December 2023
音乐: Girls Just Wanna Have Fun - Kylie Frey & Bri Bagwell



No tags or restarts

This dance was created in Sloans Bar (Glasgow) and is useful for beginners learning Jazz boxes and Shuffles
Also fits well to Folsom Prison Blues by Johnny Cash or Jolene by Dolly Parton

2x Jazz box Cross

- 1 Cross right foot over left foot
- 2 step left foot back
- 3 step right foot to right side
- 4 Cross left foot over right foot
- 5-8 repeat steps 1-4

4 shuffles R, L, R, L (1/4 turn to left on last shuffle)

Right shuffle forward

- 1 step right foot forward to right corner
- & Close left foot to right foot
- 2 step right foot forward to right corner

Left shuffle forward

- 3 step left foot forward to left corner
- & Close right foot to left foot
- 4 step left foot forward to left corner

Right shuffle back

- 5 step right foot back to right corner
- & Close left foot to right foot
- 6 step right foot back to right corner

Left shuffle ¼ turn left

- 7 1/4 turn to left step left foot forward
- & Close right foot to left
- 8 step left foot forward

Repeat and enjoy! ☐

Arm styling on shuffles (optional)

Lasso right hand over head on right shuffles

Shoot guns with your hands on left shuffles

Contact details

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