

# Better Me

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Easy Intermediate  
编舞者: Hiroko Carlsson (AUS) - December 2023  
音乐: Better Me - Michael Schulte & R3HAB : (Spotify/Apple Music/Deezer)



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(Intro: 32 counts)

## [S1] Back, Lock-Back, Back, Lock-Back, Back Rock, Fwd, Fwd

1 2&      Step diagonally back on R, Lock step L over R, Step back on R  
3 4&      Step diagonally back on L, Lock step R over L, Step back on L  
5 6      Rock back on R, Replace weight on L  
7 8      Step forward on R, Step forward on L

## [S2] Dorothy R-L, Step-Pivot 1/2L, Step-Pivot 1/4L

1 2&      Step diagonally forward on R, Lock step L behind R, Step diagonally forward on R  
3 4&      Step diagonally forward on L, Lock step R behind L, Step diagonally forward on L  
5 6      Step forward on R, Make a ½ turn left recover weight on L (6:00)  
7 8      Step forward on R, Make a ¼ turn left recover weight on L (3:00)

- Restart here on Wall 5

## [S3] Semicircle Walk R w/ Weight Switch, 3/4L Circle Walk

1 2 3      Walk on R-L-R making half turn over right shoulder (9:00)  
4&      Step forward on L, Switch weight on R  
5 6 7 8      Walk on L-R-L-R making ¾ turn over left shoulder (12:00)

## [S4] Fwd Rock, Coaster Step, 1/2R, Hold, Ball-1/4R Side, Touch

1 2      Rock forward on L, Replace weight on R  
3&4      Step back on L, Step R next to L, Step forward on L  
5 6&      Make a swift ½ turn right weight ends on L (6:00), Hold, Ball step R next to L  
7 8      Make a ¼ turn right stepping L to the side (9:00), Touch R next to L

Restart on Wall 5 count 16 (3:00)

Ending suggestion: The last Wall starts facing 12:00. Dance up to section 2 count 6 (6:00),  
Step forward on R (7), Make a ½ turn left recover weight on L (8) (12:00)

(updated: 12/Dec/23)