

Wrap Me Up - Contra

COPPERKNOB
STEPPERS

拍数: 32 墙数: 1 级数: High Beginner
编舞者: Kyoyeon An (KOR) - December 2023
音乐: Wrap Me Up - Jimmy Fallon & Meghan Trainor



Intro: 32 counts (starts on the word "Tie")

No Tag, No Restart !

[Sec.1] Walks, Kick, Walks, Touch(clap)

1 - 4 Step forward R,L,R, Kick L
5 - 8 Step back L,R,L, Touch R next L with clap

[Sec.2] Lindy R,L

1&2 Step R to R, Together L next R, Step R to R
3 - 4 Rock L back, Recover on R
5&6 Step L to L, Together R next L, Step L to L
7 - 8 Rock R back, Recover on L

[Sec.3] V Step, Out, Out, Hold, Ball, Cross, Heel Bounce

1 - 2 Step R forward diagonal, Step L forward diagonal
3 - 4 Step R back center, Step L back center
&5 6 Step R to R, Step L to L, Hold
&7&8 Ball R next L, Cross L over R, Heel Bounce

[Sec.4] Toe Strut, Step, Touch, Step, Drag

1 - 2 Touch R toe R, heel down
3 - 4 Touch L toe cross over R, heel down
5 - 6 Step R forward, Touch L behind R
7 - 8 Step L back, Drag R next R

Have fun with this one!

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